# MANIFEST WEALTH & PROSPERITY WITH THOUGHT FORMS AND SERVITORS



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#### Introduction

Madonna was right: we live in a material world.

Unless you are living completely off the grid and have the ability to personally fashion every single need and desire that you will ever want, you will need some money sometime. Certainly you could give the happy hermit life a go and you might be able to live a simple and happy life in the middle of a lovely nature filled paradise somewhere, but the unfortunate truth is that as the world advances more and more technologically, and as the human population increases at a faster and faster rate, the need for money becomes more and more essential.

But being wealthy and prosperous is not just a monetary issue. True wealth means that you are able to get the things you desire when you desire them.

In this book we shall explore how to attain true wealth through 'internal action'.

I think that there is a new mental outlook in the West. People are embracing the idea that simplicity and freedom are far more important than having the average suburban house with a picket fence and all the accruements that go along with what used to be termed the 'American Dream'. Minimalism, good nutrition, natural living, and the freedom to explore and create, have become very important in our modern society. This of course does not mean that people are not interested in having the best, and minimalism does not mean that you should do without something that you desire, but there does seem to be a movement towards a more spiritual and expansive exploration of what life can be without all the material 'must haves' that our consumer driven society wishes to drive down our throats.

Being rich then, is a relative issue. For some being rich might means having a yacht, a very large house, and some amazing sports car to drive around whenever they feel like it. For others being rich might mean having access to nature and having the time to be able to do what you like whenever you like. We all have different values and ideals that we wish to fulfill in our lives, it is this desire for fulfillment that shapes the course of our lives and allows us to judge individually what true wealth and success are to us on a personal level.

Whether you wish to have some wonderful luxury home or whether you wish to have the time and wherewithal to be able to travel or to spend more time with your family, I think that you will find that personally created thought forms and servitors can be a great way to fulfill those desires. Contingent with the other books in the 'Create a Servitor' series, I will explain to you how it is that we manifest what we considered to be objective reality through thoughts, emotions, and beliefs. In this book it is my desire to give a much more thorough explanation of how thoughts manifest into what we considered to be very solid and real objects and events.

In order to work with powerful thoughts to manifest what you desire, you must know how thoughts work.

I wish to also discuss in greater detail what I like to call thought form creators. These thought form creators are beliefs, and I wish to devote some time to explain how beliefs attract and generate thoughts and emotions in order to create and give meaning to the objective reality all around us. Because this book is focused on the manifestation of wealth and prosperity through thought form and servitor creation, I must explain the incredibly important role that beliefs play in the development of both thought forms and servitors.

What I think might surprise a number of readers is the fact that the popular interpretations of beliefs and how they work, especially in relation to thought power, is wrong. I therefore, would like to clear up these fallacies and provide a more workable and powerful way to discover and alter beliefs in order to realize all your desires.

While it is the case that we live in a material world, it is also the case that our ever evolving minds are constantly refining the material things around us. For example, we don't trade in goat skins anymore, we now have very sophisticated currencies that are far more abstract in nature, and allow us to move and work with material objects in a much more powerful way. With the advent of digital technology, computers, and the internet, we are now able to move vast sums of potential wealth in ways that seem almost magical. It is indeed the case that those material things that we adore so much are becoming more and more insubstantial, and that master of all things material, money, has become more of a force like electricity than any kind of physical thing at all.

Indeed, since most global currencies are not based on gold, silver, or any other kind of material thing at all any more, their only value being the collateral that is pledged to them, you could say that wealth has now truly become a kind collective intent or belief.

"The pieces of green paper have value because everybody thinks they have value. Everybody thinks they have value because in everybody's experience they have had value..." — Milton Friedman

Perhaps then, as you begin to explore how thoughts create our reality, it might not be so hard to believe that concentrated thought and attention can bring into your life those things that you desire. And as you begin to understand the laws of cause and effect that govern the inner world of thought manifestation, which are markedly different from the laws of cause

and effect in the physical world, you can truly begin to believe in the power of thought to bring wealth and prosperity to you. Not because you have a brittle type of faith, but because you experience real tangible proof every time that the things you desire 'manifest' themselves within the sphere of your life.

But this isn't all serious business, thought form and servitor creation is fun. They represent a means to engage the world in a magical way, a way that defies the belief of those that would tell you that life is supposed to be endless drudgery, painful work, and unrealized dreams.

I will show you, once you have a good understanding of the underlying principles involved in subjective to objective experience, how to create very powerful thought forms that will be able to alter the very course of your life so that you can bring to yourself those things that would make you happier and make life better.

I will also show you how to make one particular kind of worker servitor that will allow you to change the way that you think and therefore what you manifest in your life. If you wish, you will also have a chance to participate in what I refer to as the "MOlamp" experiment, which is a harbinger of what we can all now begin to accomplish as mass groups of people, in this age of social media and global interconnection.

Along the way we will also take a romp through the many undulating facets of synchronicity, meaningful events, good luck, and the magic to be found in the doing (of the not doing) of a worry free and relaxed existence.

Let us then take a small journey into the inner magical realms and discover how true riches can be found within each and every one of us.

#### **CHAPTER 1**

#### The Intricacies of Thought

Welcome to the third book in the 'create a servitor' series. A book that I hope will answer many of the questions that you might have about creating servitors and thought forms for the purpose of wealth and prosperity creation.

In this series, it is my desire to provide you with a set of books that will answer all of that questions that many of you have about the power of thought forms, and how these can alter the very concrete and seemingly unalterable physical world around us.

As I do this, I believe that it is my responsibility to try and give you the clearest explanation possible of what thoughts are, how they can come together to form greater gestalts of intention and energy, and how these powerful thought conglomerations can go from what we consider to be our subjective mind into what we can experience as objective fact.

With the first book in the series *Create a Servitor: Harness the Power of Thought Forms*, I gave you a general conception of thoughts and how they create our reality. In that book I also gave you a general set of methodologies for creating a basic servitor. It was my intention that this first book would provide everything that you need to be able to create your own servitors and that you would have enough knowledge and understanding to be able to experiment; developing your own creations and expanding on my techniques and methods so that you would then be able to use what I term 'worker servitors' to get whatever you desire.

In the second book, *Create a Servitor Companion*, I introduced the concept of 'companion servitors'. By focusing on this one particular type of

servitor, I was able to show you a new method for creating servitors that is more complex, and for this particular kind of servitor, more powerful. In that book I showed you how, through the manipulation of the psyche, combined with psychic energy manipulation, you can deeply alter your mind and the neural wiring in your brain, so that new seemingly impossible possibilities become real and you are literally able to bring a magical companion into existence.

In this third book I intend to delve even deeper into the human psyche by giving you a far more detailed explanation of how it is that thoughts, emotions and intentions go about creating the physical world all around us. I must do this because in order to get good results from the inner work that you will be doing, you must understand and 'believe' in the power of your own thoughts and intention.

As you will discover in the second chapter, personal beliefs play a major role in the shaping of our lives. I will give a detailed definition of what beliefs are and how they go about controlling the shape of personal reality. For now, I think it is important that you realize that beliefs are very important, this means that in order to make wealth thought forms and servitors that actually work, you need to understand what thoughts and thought forms are and you need to personally believe that it is possible to increase your wealth with them.

Some might want me to get right to servitor creation, thinking that all that is required to become successful is to follow some kind of step by step formula, sort of like baking a cake. Unfortunately this is a mistake, because even though you can sometimes get good results from a step by step spell through the pure power of belief, this procedural spell work or ritual work, without any real understanding of why things work, can leave you thinking that you can't get what you want unless you have the eye of a newt or you worship the right god-form properly; spells and rituals are outer masks and camouflage for inner work. In this book we will be forgetting the outer camouflage and the often excessive minutia found in spell craft and focus

directly on the internal work that is the foundation for all true mental manifestation.

Understanding the true core of internal manipulation will allow you to increase your power by understanding how to intensify and focus your thoughts, and will help you to understand how you can go about expanding and refining your manifestational procedures.

There are many people who are trying to change their lives in a positive way through the use of mental manipulation. There are many who are interested in manifestation, the law of attraction, and the power of thought to change reality. Many of these people wonder why even though they are making great efforts, they are not getting the kind of results they want. In this book I will do my best to provide the answers to the questions that many of you have, and to make available a more efficient methodology for working with thoughts, beliefs, and psychic energy by using powerful thought forms and servitors.

#### The Complexities of Our Internal Reality

To begin, you must first and foremost realize that this is a difficult task; changing physical events through internal subjective manipulation.

It is not a difficult task because it requires an incredible superhuman effort or some kind of special psychic focus and power that only a few could possibly achieve, but because thought manipulation, by its very nature means that you must deal with your internal psychological world, which can be quite difficult for anyone that does not understand how beliefs, thoughts, and emotions operate in all our lives.

Human beings are incredible engineers and architects; we are able to build amazingly complex machines and grandiose structures that can even be seen from outer space. Unfortunately, even though we have made some great strides in these sciences, we are not nearly as gifted when it comes to psychology. The subjective realm is as deep and mysterious as the far reaches of outer space and it might not be an exaggeration to say that we know more about outer space than we do about our own subjective reality. As a result of this lack in our development, propagated by modern beliefs in the utter worthlessness of our internal emotional reality, we have not yet developed a very good map of humanity's inner world; our psyche.

Navigating the subjective realm then is a tricky endeavor. Without any kind of real compass, or a language that is concise enough to allow us to describe this internal human realm, we are left to fumble about trying to make sense of it all using diverse ideas and methods that can leave us perplexed and frustrated.

This is a big problem because if the subjective world is the creator of objective reality (which is something that you must believe if you are to get any positive results from working with thought forms, servitors, beliefs, manifestation, the law of attraction, etc.) then even a small deviation in how we perceive a thing or understand a thing can have deep consequences. To clarify, even a small deviation in how you interpret and therefore implement a set of subjective actions can have deep consequences on the kind of results that you get from your mental efforts. To clarify even further; if you are doing it wrong, it won't work. And doing it wrong because someone explained it to you improperly, or because the mental actions and procedures were not understood correctly by you, is very much the typical order of business when it comes to the new age movement.

Now I am not trying to refute another person's or group's teaching. I don't believe that there are major groups out there trying to deceive or trying and expound things that they don't really understand. What I believe is that the subjective world, the psyche, human psychology, is such a complex thing that trying to explain it using normal human language can be very difficult.

For example, how do you explain a step by step procedural course of mental action when this internal mental world is devoid of cause and effect as we understand it? Time in the inner subjective world does not follow the laws of cause and effect as we understand them. In the internal world time is ruled by intensities, not by linear trajectories and deviations (past, present, and future) like what we perceive in the physical objective world. Our language is based on a logic that is only familiar with mechanistic laws of cause and effect, so trying to use our language to explain something from the inner realms becomes a really delicate affair. It is therefore understandable if there are problems in interpretation and explanation. What seems to work for one person quite well might not work for another at all because of a very small procedural misstep or because a major component in mental work is not completely understood and implemented.

It is my desire therefore to first try to explain a little of this inner subjective realm in such a way that it is hopefully easier for you to begin to grasp this inner world logic; a logic that has a remarkable similarity to quantum mechanics. As I do, I wish to stress those areas that are most important to all those interested in mental manifestation and thought form and servitor creation.

- I do this firstly because as I had mentioned above, you need to first believe that what you are about to do is possible. I think that the best way to do this is to describe to you the structure and the laws of the inner realms and then have you use your natural, and quite adept, intuition to discover the truth of all this in your own hearts and minds. Without these beliefs, it will be sort like saying to yourself, "I want this to happen", but then when it happens you completely ignore it or fear it because you just can't believe that such things are possible. If you don't TRULY believe in the power of what you are doing then you are essentially short circuiting yourself.
- Secondly, I do this to point out some large mistakes that some people are making when it comes to internal work. The biggest of these has to do with the definition of what a belief is, how it structures reality, and how it is that you go about changing these beliefs to get the results that you want. This is a really big one and I hope to give you some much needed insight in the next chapter.

#### The Intricacies of Thought

For now let us turn our attention to the general nature of thoughts. If you have read the first two books in this series, then you will know that thoughts are information units that can weave and meld into other more complex thoughts using electromagnetic properties inherent within each of them. You will also know that these thoughts can grow in strength as individuals and as gestalts thanks to their inherent electromagnetic properties and also through the power of human psychic power. This human psychic power is focused attention, which can be even more powerful when this focused attention is backed up by emotions.

At the moment of their inception, thoughts can be considered mental images or ideas. As the frequencies become more solid, in our opinion, thoughts could be considered something like emotions or emotion generating ideas. As the frequency of a thought comes closer to what we would consider physical reality, this thought could then be called a belief. Beliefs become truths and these truths soon become facts. Within short order, and under favorable conditions, facts become objects or events in what we call physical reality.

A great example of how all this works can be seen when we study thought forms. As you might already know, thought forms are psychically intense thoughts; that is, thoughts that have been given a great deal of attention or emotional energy. Thought forms can also be a conglomeration of many thoughts that unite because they share similar intent or ideas/information. Brought together through the inherent electromagnetic properties of all thoughts, like attracts like until a large conglomeration of thoughts is able to unite and interweave to create a stronger unit that grows in complexity and psychic power. The more powerful the thought form becomes, the easier it is for it to affect objective physical reality.

In the first book in the series, I use the example of an accidentally created thought form that develops into a type of negative entity that eventually begins to haunt a place and affect all the people that come in contact with it. I also mentioned in the book, that an emotionally intense event might create an electromagnetic stamp in a particular physical area that can begin to attract and unite thoughts of a similar nature.

Perhaps because of the negative intensity of an initial emotional event, like a murder or a suicide, all those that come close to this blighted area begin to have thoughts of that past tragic event, reliving mentally what they might have heard from others or what they might have heard in the news. This initial negative event could even have been so intensely emotionally expressed by the people involved that anyone going near this area experiences a negative vibe without ever knowing anything about what had happened there.

As this negative thought gestalt grows in intensity over time, it begins to create a powerful negative atmosphere around itself so that even though the initial murder or suicide might have long been forgotten, there is now a negativity about the area that naturally steers human attention towards feelings and thoughts of pain and fear.

Eventually this now quite powerful thought form begins to develop a type of intent that drives it towards the expansion of itself; which in this case means that it feeds by trying to infect those that come close to it with a sense of dread and fear so that more negative thoughts and feelings are then added to its increasing form.

People coming into this area, now that the negative thought form has developed a great deal of power and density, begin to not only experience negative thoughts themselves, but also begin to experience real physical phenomena. They might for example feel cold drafts, they might hear strange noises, smell noxious smells, or even experience psychokinetic phenomena. There is a line therefore, a very wide and little understood line

might I add, where internal subjective feelings and thoughts become concrete objective perceptions.

In the second book in the series I referred to this line as the world tree, the connecting link between this world and the next; a type of wormhole from an inner realm into an outer one.

#### What Is Objective Reality?

In order to understand this boundary between inner thoughts and external manifestation into physical reality, we could ask ourselves; how is it that we perceive objective reality? How do we know what is real and when do we know that a thing is objective truth?

Well, we can say that we know what is real and what is objectively true because our senses tell us so; and our senses are telling us that the world is an object-filled, very solid place.

The thing is though, that our senses are far keener than we allow them to be and we can use them to try and understand how it is that the world materializes and changes before us constantly.

Very briefly, since I don't want to get right off the topic of what we are discussing in this book, it must be understood that our senses behave the way they do because for the most part we have trained them to behave that way. In order to maintain the kind of structural integrity that we perceive in the world around us, it is the case that our senses must filter out great deal of data. In other words, our senses ignore a great deal of the data that they are able to perceive and only focus on that which they have been trained to perceive.

Assume a comfortable position wherever you might be at the time; let's say that you are sitting on a couch somewhere in your living room and before you is a table with perhaps a cup of coffee on it. If you focus just on your visual perceptions, you can very clearly see the coffee table and a cup of coffee on top of the table. They both seem quite solid and individual; our sense of sight is showing us all of this quite clearly.

What I mean by this is that there is a very discernible edge between the cup of coffee and the space around it, between the table and the space around,

and there is a clear separation between the table and the cup. We can perceive colors, and just using these visual perceptions we can even have a general idea of what these two objects before us are made out of and how they might feel.

Now I want you to close your eyes.

It should be relatively easy for you to remember the image of the table and the cup of coffee that are in front of you, just on the other side of your closed eyelids. As you concentrate on this inner remembered image of the table and the cup of coffee, you will notice that this image is far more fluid and unstable than what you perceive through your external sense of sight.

If you wish you can open your eyes for a few seconds and then close them again so that you can refresh that external image of the table and the cup of coffee. Before long though you will begin to notice that your table may shift, seemingly warping its shape within the inner space of your mind. The cup of coffee might also shift and change, perhaps even changing colors. At one moment, one of the objects that you are trying to remember might become quite large, superimposing itself on everything else in your mind's eye; size and shape are fluid and constantly changing.

I like to call this the 'blink technique' and it is a helpful technique because it can help you to apprehend the inner quality of the external things we call objects. We have trained our senses so well that we take it quite for granted that all things are solid, unchanging, and well defined, the reality though, is that all things are in constant motion and shift depending on the kind of energy/emotion and intent that is imposed on them.

Things in the real physical world do not seem so unstable to us, as they appear in our mind's eye for example, because there is a great deal of psychic force maintaining their structure and position, and because we have

trained our sense perceptions to ignore any odd and subtle changes. But by seeing those external objects in our mind's eye we can, in a metaphorical way, get a good idea of how powerful thoughts and psychic energy are constantly trying to alter the shape and stability of our seemingly very solid world.

Just like a random thought might change the image in our mind's eye instantly, external thought forms and intent of all sorts affect those very solid objects that we experience with our external senses, trying to alter the very atoms and molecules that they are made of. The reason why these physical objects might not change instantly, like they do in our mind, is because a great deal of psychic mass is required to affect the very materially dense objects in the physical world. But the moment that external thought forms and intent affecting these objects acquire enough psychic mass, the table and the cup will become something different in the physical world. The accumulation of enough psychic mass to affect change takes a long time in this very dense physical world that we all share, and it is hard for untrained physical senses follow all of this, so most of us take it for granted that the physical world all around us is very static and permanent. But change is now occurring right now before our eyes!

Most change as a result of mental action happens very slowly over time, in the same way that a plant might grow and bend over time to catch the light of the sun. If you have a house plant then this amazing movement by the plant happens every day but our speed in relation to the plant makes detecting such movement very hard. We are usually just aware of the large changes in the plants position over the course of the day, just like you are just aware of the large changes in a physical object over the course of months or years. These changes are happening right now though, altering the table's future; most just have not trained their senses to be able to follow this incredibly slow movement over time. We are only aware of the change to the table when something major happens like when it gets a scratch or perhaps when one of its legs becomes warped and we replace it with a new one.

All things within the physical world have a life cycle; they are created (it would be better to say that they are imposed) within physical space and time and then they leave it. This life cycle is directly related to intensity; the more intense the thoughts that created it, the longer that it exists as a physical object.

An object, like the table or the coffee cup, are in a constant state of inner movement as they form themselves within the physical world; constantly flowing from an ethereal state, which is akin to the etherealness of thoughts, to a more solid state that we call physical reality. In the simplest of terms this could be seen, or even felt, as an endless line of tables existing one beside the other, just like the visual illusion that you get when you see a mirror, inside of the mirror, inside a mirror, inside of a mirror, ad infinitum.

Each one of these mirage like tables that project from the original physical table stretch out simultaneously from the table in all directions, and each one of these ethereal tables is a more subtle version of the one that comes before it.

Every physical object then, like the table or the cup of coffee, is really a far bigger and far more complex gestalt of thoughts and energy. Our physical senses only focus on that one final physical product and completely ignore, or are unable to perceive, all of the energy and power that make every single physical object possible.

Here's another way to think about it. Imagine the table that is before you is the tip of a very large iceberg. I am sure that you have heard of the fact that while the tip of an iceberg, the part that peeks above the water, might be relatively small, the part below the water can be gigantic. In the same way the tip of our hypothetical iceberg, in this case a table, is very small in relation to the part of the iceberg that you do not see; the part of the iceberg that supports and gives the table the mass and power to be able to peek through into objective reality.

Imagine now that this iceberg is not extending down from the table as it would if it was in the ocean, but that this iceberg goes into a non-local dimension that is outside of space and time as we know it, so in reality this gigantic iceberg stretches into the table itself instead of out of it. This is the inner reality of every single object that you see now in this present moment, and of every single object that has existed and will exist in the future. A past or future object is just an object (or a slightly different version of a present object) that is not at this moment being pushed into what we consider objective reality.

In order for a thing to exist in this physical reality there must be enough mass and build up within the non-local inner dimension to be able to push the new physical object into what we consider physical reality.

A physical event, or situation, is created in exactly the same way as a physical object, except that it involves a large number of different manifestations of a smaller size, all happening in a well-choreographed sequence in order to manifest a larger outcome.

Manifesting or creating an object or a situation within physical reality then involves intense internal action. Strong and highly charged thoughts need to be created and nourished usually over a long period of time until the psychic mass is such that they are able to push through their non-local dimension and into this local one. The iceberg, using this metaphor, needs to gain enough mass so that it is able to push a part of itself above the water.

These newly created objects are also being continually buffeted by external intent/forces, which will eventually create new objects and situations over time; everything changes. If you explore your inner perceptions and feelings during the 'blink technique', you will be able to grasp all of this on an instinctual level.

Using your imagination, and following your own line of inner feelings, I think you will be able to understand the inner reality of the things around you. With this understanding it will be far easier for you to understand how it is that the world manifests before us, and most importantly, how it is that you personally can direct your thoughts in order to manifest what you desire.

Don't worry if you don't have any ideas about how to use your thoughts to alter reality right now, or if the methods you have tried thus far have not worked as well as you would like. In chapter three I will show you how to create powerful thought forms that will hopefully be far more effective for you.

Thank you for being patient with me, and I do hope that you used your imagination in order to try and become aware of the inner reality that I was trying to explain. It is my opinion that knowing a little more about how thoughts work and how thoughts become manifest in physical reality will allow you to believe in this inner world and in the power of your own thoughts and intentions. This belief is incredibly important, all beliefs are very important, as we will discover in the next chapter.

[1] A dimension that is outside of space time as is normally understood or perceived by the physical senses. It refers to a state of existence that is everywhere and nowhere simultaneously, essentially a dimension where

things exists like waves instead of solid objects. In wave form the thing in question doesn't exist as an object, like a dot on a page but can be said to be part of the page itself; everywhere and yet nowhere all at once.

#### **CHAPTER 2**

#### The Power of Beliefs

And so we find ourselves contemplating beliefs and belief systems.

I suppose with such a big buildup one would imagine that beliefs, since they truly are the things that shape our reality, both the consensual one that we all experience together as a race and the one that we experience as individuals, would be an infinitely complex thing. The reality though is that beliefs and belief systems are not that complex and there is no need to think that the beliefs that we hold are somehow beyond our ability to uncover or to change.

A Belief is usually defined as something that is thought true or something that is believed to exist. One could also say that a belief is the type of faith, or an unwavering confidence that a certain thing is so.

A belief system then could be classified as a mutually supported set of beliefs. That is a belief system could be a group of beliefs that are held by many and can come together to create a philosophical or religious dogma, for example.

Personal beliefs and the whole sum of a person's belief structure can seem a bit complicated because we all usually have many opposing beliefs all coming together to create a large structure that is made up often times of many divergent ideas and intents. However, they are not as complicated as is commonly believed because they follow a logic that we are very used to in the physical world, and contrary to modern psychological thought, all of these beliefs are available to the conscious mind. There is no giant reservoir of unconscious beliefs buried deep within some supposedly dark and infantile subconscious mind; all beliefs can be explored as long as you are

willing to do some mental introspection and are brave enough to explore the 'whys' behind your thoughts, feelings, and actions.

Thoughts, as we discovered in the last chapter, can have a very complicated nature. Thoughts and therefore our perception of them is highly complicated and the intricacy of all this requires a good understanding of Quantum Logic. Thoughts completely defy modern concepts of cause and effect and are made up of a substance that has a formative and organizational power that is even now, beyond our scientific understanding.

Beliefs and belief structures on the other hand, follow a causal logic that we are all familiar with and that we can work with intuitively without great difficulty. This is highly advantageous because it is through the mastery of personal beliefs that we are able to direct our thoughts and create the kind of reality that we want.

## If you are new to all this, things might be a little confusing...

First I say that beliefs shape reality, and then I say that it is thoughts that really create reality. Well, I hope that you find some comfort in the fact that even seasoned professionals in this field can get quite confused by all this, and it is this critical misunderstanding that is responsible for much of the grief that people are experiencing when they try to practice mental action.

The difficulty comes in understanding the difference between thoughts and beliefs and how these two interrelate. The biggest mistake that I have seen is the assumption that beliefs are thoughts that you have often. While this might be true in a 'very' general sense (see how difficult it is to use language to explain subjective reality), beliefs are actually not your thoughts at all, they are actually a type of psychic structure that props up and aligns thoughts.

Let me then try to explain all this to you by giving you a much clearer definition of beliefs and belief systems:

A belief or belief system is a type of structure that you construct, and on this structure you create your reality through your thoughts; especially emotionally charged thoughts. Your beliefs are not the thoughts that you have often:

#### Your beliefs are the underlying structures that cause you to have certain thoughts often.

This is an incredibly crucial point if you desire to create your own reality by controlling your thoughts.

Many of the current theories on manifestation and changing reality revolve around the idea that you need to change those thoughts that you have often. Some, as I have said, even argue that beliefs are indeed the thoughts that you have often; but this is actually an often times costly fallacy. *Beliefs are the structures that cause you to have certain thoughts often*, they are therefore not the thoughts that you have often but the psychic structures that cause you to have certain thoughts often. Do you grasp that crucial difference in definition?

Let me give you an example to clarify what I am trying to say; let's say that you have an underlying belief that there is no gain without sacrifice, or as people like to say "no pain no gain."

This is a very common belief because as we might see by looking around our world, for most things in life you have to give something in order to get something back. In many religions there is the concept of struggle in order to find redemption and even in modern science we find concepts such as entropy and causation that tend to indicate that energy or effort must be given in some form in order to get something back.

So you perhaps believe that there is no gain without pain. Unfortunately, an unexamined belief like this one often means that you find it very difficult to get anything without quite a bit of effort on your part. This is so because you most likely also believe that the more effort that you make, the greater your reward. So it could be that the only way that you think that you can gain wealth is through intense effort and pain; the harder you work, the more you get. Anything that is not painful (involves a great deal of effort) will not get you a hefty reward. As a result, many forms of wealth creation can be denied to you.

Now it might be the case that you can become quite wealthy by working sixty hours a weeks, sacrificing a great deal of time and energy, building your business perhaps over decades until you have succeeded in creating a great big nest egg for yourself. This is certainly one of the many roads that people take towards wealth. Unfortunately, this common belief can greatly drain you and use up your youth and vitality so that at the end of your struggle to succeed, you might finally have all that you wanted but now have little energy to enjoy any of it. And sadly, once you have all that you wanted, having finally retired from a long life of work, you might begin to experience new problems as you try to reconcile the idea that you are no longer working or making any kind of effort and are therefore, according to this belief and others that are a consequence of it, useless.

### But how does all this happen? How do beliefs create all this?

Well, it is not beliefs per se that make all this happen. What makes all of his happen is concentrated human attention and the thought forms that you have created and fed, often times quite unbeknownst to you (because you never took the time to examine what you believe). Beliefs focus your attention and this focus of attention causes you to have thoughts of a certain nature, these thoughts cause emotions that feed these thoughts and create thought forms, before long you are experiencing what you are believing.

Think of a belief as a type of underlying scaffolding, like the bones that hold a large structure like a body together. When you believe that something is true or not true, you accept that something is real or not real. Knowing that something is or isn't, is a belief.

The person that believes in "no pain no gain" for example, believes that there is no gain without struggle. This person also believes that those who don't believe what he/she believes are deluded. A belief, once accepted, narrows the focus of the person that holds that belief. It is sort of like putting blinders on yourself and then forgetting that you have blinders on.

Because a person believes in "no pain no gain", he will focus his attention in such a way that he will see the truth of his belief everywhere and completely ignore or deny anything around him that refutes this belief, often times without ever realizing that they are doing this. This happens because beliefs focus human attention and as such they direct the flow of conscious thought in a particular direction.

When this person sees someone working hard, he will think, "That is a good person and they are going to go far." When he see someone who lives a

charmed life, who seems to just stumble upon all success and wealth, he will think, "That is spoiled brat, a user who couldn't make it without the hard work of others."

As this 'theoretical' person continues to hold this belief in "no pain no gain", without perhaps ever examining it or questioning it in any way, he concentrates more and more thought energy and attention into what he considers to be a true and unchanging fact. With thoughts we create emotions so when he thinks, "I have to work really hard to get ahead," he might experience great anxiety or fear as these thoughts attract others that focus his mind in a direction that has him questioning if he has enough work or energy to get the money that he needs to survive. As beliefs direct his focus and as thoughts generate emotions, he begins to supply the thoughts that he experiences with incredible power; this continues until strong thought forms of all sorts are created.

Thoughts and emotions are the most powerful forces that we have at our disposal, and these are directed by attention which is controlled by beliefs.

Let's say then that our hypothetical person begins to examine his beliefs and finding that while the belief in "no pain no gain" might have been helpful at an earlier point in his life, it no longer works as well for him as it once did. He perhaps has heard of the power of manifestation and wants to give this whole thought power thing a try.

After some study on the subject, he discovers that he must change his thoughts in order to change his life. He might even have heard somewhere that beliefs are important and that beliefs are the thoughts that you have often. As such, through his own introspection or through the application of a technique that he has found, he begins to try and control all his thoughts.

Every time that he thinks a thought that seems negative to him, that has him thinking about the 'pain in gain', he tries to change that thought by focusing on something better. He might try to meditate for a few minutes a day, thinking about what he would like to have or he might be saying some positive affirmations as often as he can during the day.

Perhaps he is quite dedicated in this and he does begin to see some positive changes in his life.

Unfortunately, he begins to experience some problems; he is finding it harder and harder to stay focused on positive thoughts. The more that he tries to focus his thoughts in the direction that he wants, the harder it gets. Whenever he loses this tight concentration that he needs to maintain to keep his thoughts in order, his mind snaps him back to thoughts of pain and struggle. His very effort seems to be proving the belief that he so wants to change, and he confirms this belief in pain for gain even further by putting his nose to the grindstone and committing himself to work harder in order to get what he wants from his thought power work.

By believing that his beliefs are just thoughts that he has often, he will then try to change these individual thoughts one at a time without much success. It will feel very much like someone trying to stop a gushing pipe with just his hands. He covers one hole but then water starts coming out from another area, he covers that area but then another leak sprouts out; he is never able to stop the flow of water/negative thoughts. And these negative thoughts will never stop because he is not addressing the one thing that he needs to address, which is his belief.

As you can imagine from the above example, this particular person would end up getting really frustrated using these methods. It is essentially impossible for him to stop all the thoughts that he considers negative because he is not changing the belief that is causing him to have them. If he continues trying to stop every single negative thought, he will create a mental state where he is constantly tense and paranoid of his own mind. He might even develop some tension related issues as a result of all his effort.

All this from a problem in definition.

# So now you might be thinking, "So how the heck do I change a dammed belief then?"

Here are the two best methods in my opinion to do this:

#### Method 1

The first method in changing a belief is logic. All beliefs are based on an assumption of some kind, so the best way to change a belief is to explore this belief until you find where that assumption has been made and make a change there, at the core.

Exploring the above belief therefore, this person could ask himself, what evidence does he have that pain equals gain? Could he have made a mistake in his assumptions? Are there cases where hard work does not equal more money? Could it be maybe that certain work is better paid than others? Who decides what is paid better?

But what about this luck thing? Why is it that some people just stumble upon money without any effort at all?

Exploring these questions with an open mind will begin to soften the hard wall that this belief has created around itself. This exercise should be pursued until this person begins to question his old belief, until the old belief is no longer such an unequivocal fact. He should also, like any good lawyer, show the jury in his mind examples of how every one of his assumptions in this area have been wrong. He might for example find

example after example of people that work very little or don't work at all and seem to be able to make a great deal of money.

He should do this until his belief is shattered.

After his old belief is shattered, or at least just about to crack apart, he should begin to explore examples in his own life of times when money and fortune just seemed to pop out of thin air without any work at all. If he does this with enough, in a playful manner devoid of struggle, he will change his belief in a quite natural way.

#### Method 2

In conjunction with the above, you can begin to spend a little time every few days believing a new, more positive belief. For those of you who have read the first book in the servitor series, this belief method might sound familiar to you:

You are essentially taking a few minutes of time during your day. During that time you must believe with every ounce of your being that a new belief is real.

Let's say that the hypothetical person wishes to change his old belief to a new one where good fortune comes to him quite naturally and without so much work and effort. He might therefore change his old belief to, "I'm lucky, money comes to me without effort."

So the idea then is to take those few minutes in a quiet place and believe with 'all his might' that he is lucky and that money comes to him right now without effort. A little blast like this can be very powerful and uses all of your psychic energy and focus to change the wiring in your brain. This

exercise should be done once every three days or so, never more often than that.

\* \* \*

You might be asking yourself, what does believing with 'all your might' actually means? If you are having trouble with this concept then might I suggest that when you begin approaching this exercise as a game.

Think back to when you were a child. If you look back, I'm certain that you will remember a time when you played the game of pretend. Children find it incredibly easy to pretend to doing or being the most incredible things; they could easily pretend that they are zombies, that they are astronauts, or that they are in the middle of an ocean while sitting on top of their bed in their cozy bedroom. While they play these games, they are masters in the art of pretending.

Essentially believing something in the way that I mention in my books, with 'all your might', involves pretending. Instead of believing with all your heart, which can sound a little cryptic or perhaps intense, try instead to just pretend for a time. As you play this game, you will find that your mind will wander, and as a result you will need to make an effort to refocus, and this effort will cause a tension. This tension will move energy through your system and this energy movement is essentially the same thing as a mild emotion.

When you get comfortable treating this exercise as a game of pretend, you will also be able to read certain physiological changes within yourself and perhaps certain psychological intensities that you will have to overcome in order to pretend for the time that you have allotted for your game. With these discoveries you will be able to understand what I mean by believing with your whole heart; or perhaps a better way of saying it would be to 'believe something with every fiber of your being'.

But what if you don't know what your beliefs are? What if you want to

discover why you are doing or getting the results that you are getting in life?

To discover your personal beliefs, you have to be willing to explore the reason for your thoughts, feelings and actions. You do this by asking yourself one simple question, "Why?"

Next time that you feel a negative emotion, begin to think in a certain negative direction, or begin to question why you always seem to take this road instead of that, ask yourself, "Why did I feel, think, or do this?"

The answer always starts out simple; "I work all day, every day because I want to get ahead." Then the question becomes, "Why do you need to work so hard to get ahead?"

"Because you have to work hard to get there."

"Why?"

"What do you mean why!? That's just the way it is."

And here is an assumption that you consider fact, but this assumption can be proven to be true or false depending on your life circumstance.

And what decides your life circumstance? Your beliefs of course; which are just assumptions that you believe to be facts.

Asking "Why?" over and over again will always get you to the one core belief that is supporting all the beliefs that are causing you to feel, think, and act in a certain way. This core belief supports other beliefs and is a major support within the scaffolding of your mind. When you discover this core belief, you can change it using the methods described above, and as you do, this mental scaffolding will completely alter its shape to suit a new belief structure; which will then cause you to have different thoughts, feel different feelings, take different actions and eventually create a completely different life for yourself.

Generally speaking, beliefs take a long time and a lot of repetition to create; this is the natural type of belief creation that is imposed on all of us from the day that we are born. It relies on authority figures (your mom and dad,

your teachers, the intelligentsia, society at large) repeating things over and over until you believe what they believe and your external experience aligns with what they believe, and what they are also experiencing themselves. Repetition and time create new neural pathways within your brain that you then learn to accept as fact and call reality. This belief creation process can take years or decades to shape your neural patterns and therefore your external reality.

But there's also another way that beliefs are created. This method involves a highly powerful emotional experience. While most beliefs are created through the long repetitive method, this second method can completely alter a person's belief structure in a very short period of time. An example of this would be a highly traumatic event in a person's life where after experiencing a grave situation, one that creates a huge emotional moment, they no longer see the world in the same way anymore. What has happened here is that this dramatic event has stamped a whole new neural pattern in their brain, one that alters what they believe and therefore what they experience through their senses. It doesn't have to be a negative emotion of course; it can also be a very intensely happy one.

The two belief changing methods that I mentioned above, rely on breaking neural patterns first and foremost and then using the 'few minutes of alternate belief' exercise to create whole new neural pathways that should allow you to begin to perceive things in a completely different manner over a period of time, without decades of repetition and patterning from your peers; as is usually the case when beliefs are established within a person's psyche naturally.

I recommend, when using the highly emotional and quick belief altering techniques, that you a take a break and do them every three days because your brain needs a break. When these exercises are done properly, what you are essentially doing is rewiring your brain. In order for this to develop

properly, you need to give your brain a rest, just like when you exercise you can't exercise the same muscle every day or else you will end up damaging your body and losing muscle tone as opposed to gaining it. The brain needs time to adjust to these new imprints that you are creating.

During this break time, I also recommend that you keep an eye on yourself as it were. Study yourself and see if you have certain changes emotionally or if you have certain desires that you did not have before. Follow your impulses if they tell you to go somewhere or do something. There will be a great desire to ignore certain impulses because your original beliefs will be telling you, perhaps screaming at you, that what you are doing is silly. Ignore those impulses that align with your old beliefs but keep an eye out for others that are more in line with what you wish to accomplish, and then follow those.

For example, our hypothetical person might begin to relax a bit. Perhaps he will start to take it easy and contemplate taking a day off to do something more impulsive. Other aspects of his psyche, or perhaps even his family might protest to all this. It is up to him to stay strong and be willing to stand up to the protest of others, and to continue to explore his own mind until he discovers conflicting beliefs in himself so that he can overcome all obstacles to change.

By continuing on this path he will eventually create a whole new life trajectory for himself that is hopefully far more rewarding.

# So why the heck don't you just use this method to change your life and become wealthier?

Why am I telling you all this and then getting ready to shove thought forms and servitors down your throat?

The reason is that using this method alone can quickly become quite thorny due to *external resistance*.

I mentioned the problems that the person above might encounter when it comes to family and friends. People hate change and when they see someone not acting like they should, like they expect them to, they will fight back. People love routines, you decide to work less and relax more, or lose weight, or even become healthier when you weren't, and some people will protest. This makes the belief system change process more difficult than it should be.

A seldom mentioned obstacle in the 'positive thought' movement is telepathic communication. Other people are constantly projecting their thoughts into the environment around them, in accordance with their beliefs. Often times these thoughts can be quite negative, especially when those around you don't want the change you do.

You might say that there is a little war going on all the time as one set of beliefs fights another to see who will win; the winner is the belief that has the most people believing it or the most psychic force propelling it.

People generally do not want to change their beliefs, they don't even think that it is possible to change beliefs they hold because according to them; they don't "hold beliefs", they "know facts". Because of this lack of personal awareness, many of the thoughts that people are having about any big change that you make in your life will most like be negative. These thoughts that they have are projected and picked up by you and can influence you in positive and negative ways. A person trying to change his or her reality by working on his beliefs will encounter these negative thoughts and feelings constantly.

Most often these external negative thoughts and feelings from others are felt like emotions or mental impressions. They are the negative (and sometimes positive) vibe that you might feel around another person. Their influence is far more powerful and pervasive than most would imagine and can have serious implications for those wishing to change their life situations. Emotions have weight and this weight can bear down on you and the environment around you.

Even if you do not believe that you are affected by the thoughts of others, there are ways for you to explore just how powerful the intent of others can be in your life:

As you make your way through your day, try to pay attention to the body language of others. The next time that you wish to do something different or unexpected, see what you can pick up from those around by their body language. Do they look down and away quickly when you mention a new and exciting project you want to try or are being very successful in? Explore those fleeting expressions that go through their faces; do they frown or look envious perhaps? These body signals and 'micro-expressions' can be very telling and they will give you a small window into what they might be thinking. This body language from others can greatly influence how you feel, especially when it comes from people you respect or consider to be authorities of some kind in your life.

A frown or a mocking look can really affect how you feel and how you perform. Using our "no pain no gain" person as an example, it could happen that our friend is quite successful at changing his belief in this area and begins to take some very positive actions in the direction that he wants to go. It could even be the case that he might begin to see some real benefit from this belief change as well, like perhaps receiving something out of the blue that he always wanted, without seemingly any effort on his part at all. But as these changes begin to take place in his life, he might begin to get real resistance from those close to him. Perhaps no one says anything to him directly but people begin to look at him in certain way or act differently around him because their opinions of who he is becoming do not match what they want or expect from him.

This hypothetical person then might start to question himself. Perhaps not even knowing why, since he has not become consciously aware of how others are acting, he might begin to doubt all that he has done so far. If this doubt grows large enough, he might stop what he has be doing, effectively terminating any good work that he might have done to change his life.

On a purely mental, telepathic communication, level this influence is far more powerful. The thoughts of others push against us all the time. The thought forms that we have created in the past and the thought forms that others have created, affect us constantly. Remember the negative entity that I mentioned in the last chapter? Beings of this nature are all over our environment and when we walk across them or attract them with our own negative thoughts, it can be like walking into a landmine of negativity.

Unfortunately when people run across these, they tend to think that they themselves are having these negative thoughts instead of it being an external influence, and they then begin to doubt themselves and their purpose; perhaps believing that they have some hidden belief that they have not explored and can't seem to find, or believing that the change that they are making is wrong and perhaps unethical in some way.

I will repeat because this is an incredibly important point:

People most often cannot tell the difference between internal thoughts and feelings that they are having and external influences which are imposed on them from outside themselves.

As a result they question themselves endlessly, thinking that it is a belief within them that needs to be adjusted, but this is a mistake that can have them completely doubt their own mental stability.

Beyond this, it is understood that the planet is in a very negative cycle.

I discuss all this external negative influence in far greater detail in my book, *Vampire's Way to Psychic Self-Defense* so if you are interested I do recommend it to you.

The point is that the 'wise people', whether you call them mystics, sorcerers, magicians, witches, brujos, etc., learned long ago that working on simple thoughts and beliefs alone was an impossible way to get what they wanted quickly and efficiently. The method of investigating and changing beliefs, while definitely worth all the effort expended when it comes to self-realizations, took too long when it came to material gain and would easily backfire if the practitioner was accosted or attacked by external forces.

As a result they developed a far more powerful method to get what they wanted...

#### **CHAPTER 3**

# Creating Thought Forms to Manifest What You Desire

We have explored the power of thoughts and emotions and how these go about creating the world around us. We have also explored the power of beliefs.

I am hoping that you have a really good idea about how to begin to discover the power of thoughts in your own life, and I hope that you also have an effective method to discover your personal beliefs and change them if you choose to.

Beliefs are essentially the natural way to thought manipulation.

But as I mentioned in the last chapter, the 'wise ones' of old discovered long ago that incremental thought control was not the best method to go about getting what they wanted from the material world.

Besides the fact that it is slow and it requires a lot of effort to develop condensed thought forms strong enough to change physical reality this way, there is also the bigger problem of external psychic interference from people, existing thought forms, and negative forces of a higher order that are bearing their intentions upon the earth. They realized that the human mind was suspect because of all the external forces pushing against it.

The mind was open to external influence and was easily influenced by external feelings and intentions from people, thought forms, and the non-organic life that made up the world at large. Moreover, the mind found it very difficult to separate its own feelings and thoughts from those that had

their source outside of itself. As a result, the mind could not be trusted to maintain a sane and deliberate mental course for extended periods of time.

Without the ability to maintain intense focus for a long period of time, it was nearly impossible for it to develop a thought form naturally that would be powerful enough to affect objective reality. If anything, the natural mind seemed much better at creating negative circumstances than positive ones because external influences tended to be of a negative kind and would greatly aid the mind in creating bad outcomes by providing it with large doses of negative emotion and thought.

As a result, they developed practices that allowed them to bypass this lack of focus by the mind. They developed a way to create highly compressed and powerful thought forms that they could use to affect the physical environment and get what they wanted without needing to try to control every thought in their heads, spend a lifetime trying to arrange and change all the undesirable beliefs that they held, and at the same time trying to identify and nullify all of the negative external influences all around them.

Looking back through history we can explore an infinitude of spells and ceremonies that were developed and used in order to achieve a desired purpose. All of these spells though were really external camouflage for an internal action; they were created to completely focus the attention of the individual so that a new thought/idea could be formed and a large amount of psychic force could be directed (usually through some kind of intense emotional outburst) towards the creation of a very powerful psychic bubble of energy that would supercharge this one highly focused thought.

These THOUGHT FORMS, created through ritualized spell work, would be designed to bring about a certain desire/outcome, or to tap into an already existing thought forms for the same purpose. Some of these rituals were even created to allow the user to tap into elemental (non-organic life) forces.

It has always been my belief that the less external camouflage the better. As such, I have always used and advocated the use of highly concentrated and 'individualized' thought forms, sometimes called servitors, for any reality manipulation. In my other books I have discussed the creation and use of worker servitors and companion servitors; illustrating the great versatility of these creations and the inherent power within all of us shape our own reality.

These creations do not need some intricate spell or ceremony to bring them to life, they only require direct energetic work. Some people enjoy the intricacy and beauty of certain ritual acts and find that these rituals are very helpful in concentrating the mind and redeploying psychic energy. I think that you should use whatever works best for you.

I personally do not like ritual because I think that it can become a mental crutch for the ego and this can separate a person from the power of the inner self. The ego loves to think that it has its hands in every pie and therefore insists that rituals be developed so that the ego feels responsible for supposedly controlling vibrational frequencies, the color of a candle, or the like. The ego is not that powerful, if it was given the job of running the heart, controlling the flow of blood in the body, or any of the other supposed autonomic functions in the body (that are being run with incredible precision by the inner self) it would screw it all up instantly; the ego doesn't have the processing power to even contemplate how to begin to do something like this.

Ritual then makes the ego feel good but it is mostly a detriment to inner work because the ego, being the prima donna that it is, will insist on more and more intricacy to make it feel better. Inner work without outer camouflage is better in my opinion because this way the ego has two very big jobs:

- 1. It must give direction to a person's mental attention.
- 2. It has to have the flexibility and power to believe with every ounce of its being in something that might not be presently real.

Short, sweet, and all that is required of it. It is the inner self that will take care of all the big stuff like vibrations, energy projection or any other such thing.

In this book, since I am focusing on the manifestation of wealth and prosperity, I will be showing you how to create thought forms and servitors for this purpose.

The first technique which I will be showing you in this chapter, does not actually involve the use of a servitors at all. This first technique that I will be showing you will be how to create a highly concentrated thought form.

## What is the difference between a servitor and a thought form?

A servitor can be said to be an individual entity. It is given a name and a form and this form and identity are maintained through concentrated attention and psychic force. A worker servitor (like I discuss in the first book in this series) for example, is given a shape that hopefully will help it in performing a certain task, like having strong wings to fly around quickly and efficiently for example. It is given a name so that the creator is able to focus on it and command it easily.

All of these facets of its make up are really identity building and psychic energy projection.

A servitor is an amazing creation. It is able to bend our ideas of time and space in order to do what we desire. Servitors can protect your home or family, they can keep you company and give you advice, they can make you seem more attractive and they can even get some of the things you want. The more you use a servitor, the better it gets because the more you use it the more attention and energy it gets, so it becomes stronger every time you use it. There are even some people, with keen and powerful minds, that can create servitors of such power that these creations can be seen by others and can directly interact with the physical world around them; like a poltergeist discussed in the first chapter that can be seen, can move objects, and can create noises that others can hear.

Since servitors are specific individualized entities, they can have a few disadvantages when it comes to acquiring material wealth:

• The first is that they can't share their energy. A servitor has a certain amount of energy at its disposal and can only rely on this energy to get

the job done. Once this energy is used up, it is either dead in the water as it were or it must be re-charged by its creator. If your servitor is not that powerful then it will be hard for it to manifest something or create an event where you get what you want. Even though a servitor gets stronger and more defined every time you use it, this increase is incremental and it will take a while for it to get powerful enough to perform certain tasks. A servitor is on its own, it might pick up some energy as it swims through the sea of human thought but it can't replenish itself on its own.

• The second is that it requires time. Now, any type of manifestation takes time. Often a manifestation for wealth or material prosperity of any kind can take weeks, sometimes months. Unfortunately, the human mind is not that patient and can actually countermand the work that the servitor is trying to do because it insists on wanting to focus on its desires and on working harder to try and get what it wants.

So, you might tell yourself, "Okay I am supposed to wait at least three days to call my servitor back and recharge it. Should I give it longer though? Is it done its work now? Can I use it to try and get something else?"

And when you do so, you most often stop a servitor in mid-work as it were, which can be completely counterproductive. Servitors therefore are great for things like protection or glamour but there are drawbacks when you use them to try and manifest wealth.

In order to solve these inherent problems it is better to use highly intensified thought forms for wealth and prosperity manifestation.

A thought form can be defined a highly intensified thought, in that it becomes a very powerful thought because of the amount of attention or psychic power that it gets. As I mention in the first chapter, one way a thought form is naturally created is when a conglomerate of thoughts with similar properties come together. These thought gestalts are formed because

all thoughts have electromagnetic properties that allow them to unite when they are alike in some way.

There is another way though to create highly powerful thought forms. The second way is to create an intensely dense packet of psychic energy and then insert a clear and precise thought into it. Sometimes a natural thought form is created like this when a great tragedy occurs, like a murder or some horrible accident, and a huge burst of psychic energy is expelled by those involved in the tragedy. People witnessing or participating in such a terrible event will release huge amounts of emotional energy which are often times accompanied by highly focused thoughts of a negative nature. This is the perfect recipe for a powerful thought form that will manifest externally; either by infecting the minds of others with negativity, causing all sorts of negative events, or as an actual physical manifestation that causes physical objects to move or break. A fully fledged manifestation from a thought form like this can be seen when the exact same accident happens over and over again in one particular location.

Certainly positive thought forms can be created, as is the case when a certain person wins the lottery over and over again for example.

It is this kind of positive thought form that I will be showing you how to create shortly.

Here are some of the reasons why thought forms are so highly advantageous when it comes to wealth manifestation:

• They don't have a particular identity so there is less of a problem in interfering with their work. Your worry over how well they are doing will always be disadvantageous but because they are intensely focused, this worry needs to be powerful to affect them in a marked way.

- Because they lack identity, and the hard etheric container that this implies, it is very easy for them to mix and merge with each other and whatever positive energy that they encounter. In others words, if you want to, you can send ten or a hundred thought forms all on the same mission and they will not be too adversely affected by each other. They will actually benefit because the psychic energy and intent that each one contains will mix with all of its brethren to create an even more powerful thought form, and hopefully get you what you want that much faster.
- You will never have to worry about stopping it from doing its work because you think it needs to be recharged. Whenever you think that your initial thought form requires a boost, all you have to do is to create a completely new thought form and send it on its way. As stated, these will unite and work together to bring about a manifestation that is most in line with the possibilities present in your personal reality. These are intense little creatures created by you for one sole purpose; to get you that one thing that you want.

## Steps to creating a powerful thought form to help you manifest material wealth

#### Step 1

It is crucial that before you begin creating your thought form that you have a clear idea of what you want. In order to do this, I suggest that you take some time and think about what you think you need and what would be most appropriate for you to get right now.

#### Step 2

Find a nice quiet place where you can be alone and sit comfortably on the ground or on a chair as you prefer. I personally would highly recommend that you go into a room that is in semidarkness; that is a room that has enough light pouring into it so that you can see the basic outline of your body, but is dark enough that most everything else is in shadows.

#### Step 3

Take a deep breath and focus on the future. Look into your mind and focus your attention on the future and what it is that you want it to be like having what you want.

#### Step 4

As you contemplate what you want, I want you to let that desire for this one thing grow within you. As the desire for what you want grows within you, imagine that all the space around you is filled with psychic energy. You can imagine this energy as being like an ethereal vapor that is part of and surrounds all of the objects that surround you.

Concentrate on this ethereal energy around you until you can feel it, sort of like feeling the waves of the ocean when you are by the shore.

#### Step 5

When you can truly feel this etheric psychic force all around you, I want you to take a very long and deep inhalation. Imagine that as you inhale you begin to suck all that psychic energy that is around you into the core of your body. Try to make this inhalation as long as possible, feel it sucking in all the psychic energy all around you. Try to feel the psychic energy going deep into your lungs and also being absorbed by every pore in your body. This energy should feel sort of like an electrical vibration that you are pulling in to yourself. This energy gets sucked into the center of your being where it begins to accumulate there like a large bright ball of pulsing energy.

#### Step 6

Once you can't inhale anymore because your lungs are so full, bring your hands together before you as if you were holding a large bowl in front of you. Your hands should be about ten inches apart, level of your solar plexus, palms facing each other.

#### Step 7

Now I want you to begin to exhale that air in your lungs in a slow, deliberate manner. As you do so I want you to imagine that all of the psychic energy that you have stored in your body is now being pumped out through the palms of your hands and is coalescing into a large bright ball in between your hands. Feel the psychic energy pumping out of your body, making its way through your arms and out of the palms of your hands like a powerful electric charge.

#### Step 8

Take another long inhalation, sucking into the center of your being all of that energy all around you again and then begin to exhale as slowly as you can. As you exhale slowly and as you begin to see this bright ball of energy grow brighter and brighter, I want you to start desiring that thing that you want, with every ounce of your being.

When you run out of breath take another short but deep inhalation and begin to slowly exhale again, repeating the pumping out of energy through your bones, making the ball of psychic energy between your hands grow bigger and brighter. As you do so, focus all your mental energy on seeing what you want inside that ball of energy; seeing yourself having and enjoying that one thing that you want and feeling what it feels like to have it. Use up every bit of the emotional and psychic energy within you and pump it into the ball of energy. Try to feel this energy pumping out of you sort of like a fine liquid pumping through the very marrow of your bones; the feeling should be almost orgasmic.

#### Step 9

Take one final short but deep inhalation and imagine the entire world narrowing into that psychic ball that is growing brighter and brighter, and bigger and bigger before you, so that all of the energy around you focuses into this one point in space and time to create an incredibly powerful psychic ball of energy, emotion, and the picture of you having what you want.

Put all of your emotions, energy, and the picture of you having what you desire into that ball!

With the final bit of air that you have left in your lungs, say something like, "Get me \_\_\_\_! Get it NOW!" With the power of this affirmation, focus with every ounce of energy that you have left and believe with all your heart that this creature will get you what you want. This final burst of energy should leave you completely drained.

#### **Step 10**

Some people at this stage like to imagine that this highly charged thought form moves away quickly to do your desire. Others like to just forget about it completely after the last exhalation, believing that the thought form will go or not go wherever it needs to without any further prodding from its creator. You decide what feels most powerful to you.

#### **Step 11**

Once it has disappeared from your vision, you should feel a type of deep relaxation come over you, very much like the afterglow after sex. You can now get up and go about your day confident in the fact that your powerful thought form is altering external probabilities so that you get what you desire.

\* \* \*

If there something I desire, I will usually try to do the thought form creation exercise at least once a day, until I get what I desire in one way or another. What is great about this exercise is that you can repeat it as often as you like and each thought form that you send out helps the one that you sent before as long as your desire is as focused and as clearly defined as the first time you did it.

This can be an incredibly intense technique as you might have noticed. While it is the case that I like performing this energetic act once a day when I truly desire something, I would recommend that you follow your own instinct on this; often times, once every few days is all you need. It is also the case that after becoming proficient in the technique, you will find that there is no need to strain. The real trick is mental focus; the more focus you have, the more psychic energy that you will be able to project into your thought forms.

Before you begin this technique, you should evaluate your own health. If you are in poor physical health, suffer from heart problems, or are at risk of

aneurisms, please consult your doctor before you commit to creating thought forms.

### Things to remember

- Any kind of manifestation takes time. The amount of time is relative and is dependent on the intensity of your thought form, your personal beliefs, and on the nature of thought itself. You need to be patient.
  - Notice that I did not say that you need to stay positive or that you need to believe or have faith in anything. You just need to be patient because getting what you want could take weeks or months.
- You should try to let go of any obsessive need to focus on the thought forms that you have created, and on any deep need that you might feel for the thing that you desire. The more that you can let go, the easier that it will be for your thought forms to get you what you want.

These are difficult things for the mind to pull off; letting go and being patient. Because of the mind's obsessive need to meddle, in quite often the most negative of ways, in the next chapter I will show you a great way to overcome this compulsion, and gain large doses of good luck in the process.

#### **CHAPTER 4**

### **Detached Expectation**

When you use highly concentrated and powerful thought forms to get what you desire, you are working with very potent energy that has the ability to make great changes in your life. What is interesting to note though is that, unless you believe in the power of these thought forms to affect reality and to get you what you want, it is very easy to short circuit your own efforts.

People that attempt, but don't believe in their own ability, will not even be able to see the signs all around them; the omens that present themselves to us every day, telling us where to go and what to do to align ourselves with what we have been wishing for.

In chapter seven we will discuss these omens and how it is that they sometimes show the way towards a better life. For now just realize that thought forms are not always enough when we wish to manifest something new in our lives.

People who don't believe in this inherent power within themselves can literally trip over the thing that they desired to have (which can and has happened to me on many occasions) and still reject those wonderful things because it all seems impossible to them. I have personally seen people walk away from perfect situations and outcomes because they believe it's too good to be true, and they are not willing to "wait for the other shoe to drop". People like this deeply believe that old adage that goes something like, "If it looks too good to be true, it probably is".

While this might be a good way not to get conned in the physical world, and you should always be as discerning as possible whenever you are going to try anything new, you should use that same discernment to realize that using thought forms can bring about amazing circumstances.

In order to overcome this inability to let amazing things into our lives, we must first begin by believing in the power of thoughts to alter reality. This is a belief about a general aspect of reality that is beyond the self; it is a belief about a basic law of reality.

Since this is a problem that is outside the self, it can be addressed through the study and manipulation of your own beliefs, which I showed you how to do in the last chapter.

#### Additionally though:

You need to believe that you personally have the power within yourself to create powerful thought forms that can and will alter reality. This belief in your ability will naturally open your mind to all of the amazing situations that become so common when you start to use thought forms. This belief will also allow you to identify and take advantage of any meaningful coincidences that mark a departure point from one life situation to a better one.

This is also a change in belief, but it is one that is not easily addressed using the belief change methods discussed in the last chapter. The reason for this is that when the 'self' is involved, when it's about 'me', you are going up against the mind directly. As I will explain further in chapter eight, going up against the mind with the mind is very difficult; even using the belief change method mentioned in chapter two.

As a result of the fact that we can't change the mind with the mind, we need to engage in a whole new way of dealing with the mind using a new type of mental action. One that will not only allow us to see the omens that are placed before us, but also one that can draw all of the positive outcomes available within any moment in time; a new mental action that can literally bring good luck into our lives.

I refer to this new mental action as **Detached Expectation**.

In chapter three I told you that it is a very good idea to let go of the thought forms that you have created as much as possible. Focusing your attention on your thought forms and on your desire, waiting breathlessly for your fortune to fall from the sky, can make getting what you want much harder than it has to be. Letting go of the thought forms that you have created will allow them to work in peace, as it were, and will conserve your own energy which would otherwise be wasted on worry and in creating all sorts of negative scenarios. This new mental action that I will show you can allow you to let go in a fun and magical way.

Now if you try to define what Detached Expectation is, you could think of a number of different definitions by examining the words Detached and Expectation. Many of them can be helpful but, as I had mentioned previously, describing an internal (psychological) feeling and intent can be quite difficult because we often do not have the words to clearly define the internal feelings, thoughts, and intent that make up a certain internal action.

Detached Expectation is very much a good example of this because what I am trying to describe to you here, as a new mental stance against the draining efforts of the mind, is not a belief, and idea, or any kind of thing that can be named and catalogued within our regular cognitive framework. What I will try to describe to you is an action, an intent that is beyond words. As such it cannot be completely described in words; it can only be experienced and felt by doing it.

I will therefore try and give you a definition that I hope will help you to find this action/intent/feeling within yourself so that you can replicate it perfectly. I do not want you to worry, thinking that this is some kind of

great effort that you must do, or that you are stuck trying to monitor your thoughts or beliefs.

In actuality, what you need to do here is the exact opposite. You could say that you are trying to 'not do' something. This 'non-action' will allow you to release tension, forget about effort, and perhaps even put a smile on your face.

If you try to push against the mind, it will push back just as hard. In order to cancel its power you therefore have to do something that it doesn't expect to beat it at its own game; you have to play a game within a game :-)

I suppose I could try to start this explanation of Detached Expectancy by trying to provide a normal definition of it. I consequently could say that it might be defined as:

A non-belief of a belief

Or perhaps:

A completely non-fixated knowing

This is rather cryptic though and it can make us suppose that this might involve belief manipulation again. This won't work very well though because of the dualistic quality of the mind (which I will explain in greater detail in Chapter eight) and because of powerful external influences that sometimes impose themselves in our lives.

As you have most likely already discovered for yourself, the mind is a highly untrustworthy thing. It seems that no matter how hard you feel that you know or believe something, it will always throw in negative talk and little creeping doubts.

Since the mind is not trustworthy, even though it believes what you want it to believe and is therefore supposedly on your side, sorcerers/brujos decided that it was far better to bypass it. They did this by creating a technique that played the mind against itself so that it would cancel itself out. This technique had two positive outcomes:

- 1. It allowed the mind to forget without forgetting, so that it was able to pay attention and make the best use of any positive omens that presented themselves.
- 2. It allowed the mind to at the same time completely let go of the intense importance that it usually gave to those thing that it desired and therefore payed so much attention to.

This was highly beneficial because even though thought forms can usually override some of this negative chatter that the mind puts out on a regular basis, if this negative chatter becomes focused and strong enough over time, it can become even more powerful than the positive thought forms that have been sent to change life for the better.

This technique though, when implemented properly over a period of time, provided a very unexpected third positive outcome:

3. It was able to imbue the practitioner with large doses of good luck.

Because the mind had been tricked into a type of non-focused focus on the what was desire, negative walls that would usually block all good intention where suddenly gone. Without these walls, lucky circumstance took over the practitioner's life in a seemingly effortless fashion.

Since it is so difficult to describe what Detached Expectation is directly, I will try and describe it to you using a little story:

A number of years ago, more years than I care to mention, I used to love to spend a great deal of time playing pool with a dear friend of mine. Now as I said, this was a while ago, this was a time when 'the secret' and all those books on the law of attraction and the like did not exist, and the New Age revolution was just beginning to take hold in the west. It was the case though that even then I was deeply into thought force and the power of the mind to alter reality, and fortunately for me, I was not that good at pool.

My friend on the other hand was much better and it was the case that he was getting tired of beating me and I was getting tired of being beat. Because of my lack in skill, I began to contemplate ways in which I could augment my chances of winning using the power of thought.

I began then to work on a number of different techniques in order to augment my chances of beating my friend at pool. Being a highly intelligent and curious person, my friend found my experiments very interesting, when I finally told him what I was up to, and decided that he would gladly participate in my rather odd endeavors. In time and with his help we finally developed a technique that we ended up referring to as 'mind pool'.

Now 'mind pool' was really simple, it basically revolved around the idea that I maintain the belief that I had won the pool match before the pool

match was over.

You must realize that at this time I was playing a lot of pool; the typical nine ball pool that you might see being played at pool halls everywhere. Indeed we racked up (bad pun?) hours and hours every week playing this crazy game and as a result I had a great deal of time to practice, perfect, and analyze 'mind pool'.

So essentially I would play pool against my friend believing that I had won the game even though the game wasn't over yet. I believed that I had won the game hoping that this intense belief would actually help me win through sheer thought force alone.

At first I began my experiments into mind pool without ever telling my friend what I was doing it, but as I got better at it, I was finally forced to let him in on the technique that I was working on because my new found luck was getting harder and harder to ignore. My ability to win games became remarkable and the fact that my friend did not know what I was doing, which was evident by his growing frustration, let me know that he was not taking it easy on me in any way.

Since he was the guy usually paying the tab, I decided that I should let him in on my little game within a game. Together then we began a more systematic study of the intricacies of 'mind pool'.

One of the most powerful things that we discovered was that trying to maintain a rigid belief, of the fact that you were going to win the game before the game was over, was often counterproductive. A strong and aggressive belief, an adamant belief, tended to not work. The reason for this was that it was highly frustrating to try and believe something for a long time. We also discovered that it was also energetically costly because maintaining this iron will belief required a lot of tension which was very hard to maintain for a long game; the tension in the abdomen alone, from all this forced concentration, could actually make you sick to your stomach.

Anyway, we realized after some effort, and extensive research and experimentation, that it was better to develop a different kind of intent, one that completely bypassed the self-important ego.

We needed a new technique, one where we were trying but at the same time completely relaxed and detached. We needed to figure out a way to believe without all the effort that this usually requires. After a great deal of research, I came across a possible solution by studying old Taoist techniques.

The technique that I discovered can be difficult to explain because of the inherent problems of using a language that is generally designed to explain only external actions. The Taoists tried to explain it by using a term they called 'wu wei' which can be defined as; natural action that does not involve excessive effort, or better yet; the effort of no effort. That comes very close to defining what we began to practice.

I much later discovered that that this is actually an old sorcerers or 'brujos' art as well, that posits that all magical acts are beyond language and common definitions; all things in magick are a catch 22.

As such the final act of manifestation through thought forms and mind pool comes down to:

Try to not try and know without knowing that things are going to work perfectly. Trust without trusting at all, in that which is beyond you, to get you what you want.

What I was then left with was 'The Fool' from the Tarot; blindly and without care stepping right off the cliff but knowing (without knowing) that all would work out perfectly. This turned our pool playing into a hilarious delight where one of us would always win due to some crazy and unexpected fluke. Even though we were both good enough that we never made such mistakes before, while playing 'mind pool' we would usually lose by some fluke happenstance where we would accidentally sink the eight ball or sink the other player's ball(s) until we lost. It all became a fun game of 'will of no-will', where the winner was determined not by skill or strategy but by how much he could do something by not trying to do that one thing at all. The more we tried to not try, the better it worked.

And yes, it worked just as well against other players. Whenever we were in a pinch, playing against an opponent that we wanted to beat, we would go into 'mind pool' mode. All these were friendly games and we never played for money or anything like that. My friend didn't need any money and for me it was about internal exploration, besides it was not an exact science, 'mind pool' was never a guaranteed win; generally it worked, and sometimes it didn't.

But it was always a delight to play that way because by making an effort to make no effort about the fact that we were surely going to win, we were always smiling and having fun, and lucky happenstance was always around every corner.

So there you have it, by trying not to try, even though we were technically trying, we won by not trying at all.

...now you know why all those old Taoist poems sound so cryptic.

There is more to life than what can be apprehended through the mind alone. The being that you are can know and experience things that are beyond the mind's cognitive experience, beyond possible syntax; this type of experience can best be called a type of direct knowing.

I am still though left with a task; that of trying to explain something beyond words. I have had to go very deep to try to find words and ways to try and not leave you with a cryptic, 'doing of not doing'. After much effort I humbly submit this recipe of Detached Expectancy:

- 1. Hold a belief in your mind, perhaps the belief that you are just about to get what you want or that you have won the pool game...even though this has not happened yet.
- 2. Now I want you to try and maintain that belief as you completely remove yourself from the equation. Remove "yourself", remove the "I", remove the "me" from that belief that is being believed. Do this until, a part of you can ask, in a most detached way, "Who is it then that holds this belief? How is it possible that this belief is still be there inside me?"
- 3. Now, as you do this, try to feel effortlessness and total detachment. Try to feel like you just don't care what the hell happens. Totally let go, but still maintain the egoless belief.
- 4. If you get a smile on your face, you have it.

All you have to do now is ride the wave of detached knowing.

Don't worry if you are having trouble with this technique now, as the book advances through some of the intricacies of manifestation, I will be giving you more insight into Detached Expectancy.

Think of Detached Expectancy as an internal feeling state that you achieve without any "self" at all; a knowing that does not involve the "me" that you think you are.

Finally though, realize that you do not need to master this technique to manifest anything. Focus on creating strong and detailed thought forms, this

is the important part, and let everything else take care of itself.

#### **CHAPTER 5**

# **Obtainability**

You may have been practicing visualization or wealth manifestation of one kind or another for many years. If you have then you will note that there can be this haphazard return on your efforts. You might have noticed that there are things that have come easily to you and then there are others that never seem to work. It might also be your experience perhaps that there are those that seem to consistently get what they work towards manifesting, while you can't seem to get anything you desire.

The reason for this might be that you have never been made aware of an incredibly important aspect of internal work.

This very important, yet seldom discussed, aspect of manifestation is the:

#### Obtainability of the thing desired.

It is usually the case that when people find out about the power of the mind to alter life circumstances, they almost invariably think big. Thinking big is generally a good thing, it can give you hope and it can help the mind to come up with creative solutions to problems. When it comes to manifestation though, it can create some problems.

Let's say that our hypothetical friend from before discovers the power of thought forms and decides to give it a shot. He figures it's better to go big or go home so he creates one that will hopefully manifest a huge mansion where he and his family can live happily ever after. He thinks this is a logical idea, he might after all still have certain issues when it comes to his beliefs about pain and gain, so he might be thinking that if he is going to go through all the effort that this thought form thing must require, he better get

something real good out of it; heck it might not even work a second time, life is hard he thinks, so he should just go for broke on this one.

The thing is though that he will most likely never get what he wants. He might watch in growing frustration as many of his friends who have tried similar methods get what they want but for some darn reason he is always denied.

To be 'within the range of Obtainability' does not mean that you can't get the big ticket item right off. What it means is that you can't get what you don't think you can get. Unfortunately we find ourselves in front of those pesky beliefs again.

What I mean by obtainability is this; does the person that is using thought forms believe that it is possible for him or to get what he has worked for? This again, does not mean that there is no way that he can get what he really wants. If a thought form is created with enough power, this powerful thought form can override any beliefs that this person might have. It is usually the case though that not all thought forms are created equal, and creating a though form powerful enough to bring to you that huge thing you want, when 'to you' it seems like a near impossible feat, can be very hard indeed.

A strong thought form does require plenty of psychic force and a highly powerful and focused mind to impregnate it with a strong intent. True magicians, sorcerers, brujos, or whatever you would like to call them, spend lifetimes refining and enhancing their power. To believe that you can perform miracles on your first foray into mental manifestation can be a bit short sighted.

Those that tell you otherwise are not being kind; they are just trying to sell a product.

There are always ways to enhance your power though, and the best method is; practice, practice, practice. The more you practice creating thought forms and servitors, the better that you will get at it, the more power that you will accumulate, and therefore the more that you will be able to accomplish.

In order to get around your lack of power, at the moment, and those internal beliefs that might make getting what you want difficult, it is always best to start small.

The hypothetical person that is using thought forms to try and get a giant mansion for example should start small and work up. He might want a mansion but might barely be able to afford the little place that he now lives in. He might be working sixty hours a week but he might make barely enough money to pay for a small mortgage. For a person in this situation, it will most likely be very difficult for him to believe that he could have the mansion of his dreams instantly.

I am certain that if he thought about it though, that there would be many smaller things that he could believe that he could get with his thought forms quite quickly. He might for example remember that he needs a new chair for his deck, that he needs to get the gutters cleaned out, or that he really wants to get a certain movie for his DVD collection.

By using thought forms on these smaller projects, he will begin to practice all of the techniques that he will need to develop in order to get the bigger things he desires later. Developing his mind, so that he is able to maintain a state of Detached Expectancy in his mental creations will allow him to discover the fluctuations of his own inner dialogue and will give him plenty of chances to learn how to wrangle his inner intent. If he is successful in his efforts, he will begin to see the power of thought forms in his own life and will begin the long process of truly believing in his own power.

Early success in smaller projects can also have another positive benefit; the more that this person has, the easier it is for him to believe that he can get more. The mind after all is 'generally' a logical structure. As such it has within it a deeply ingrained belief and understanding of causational logic. It is much easier for the mind to believe that it can get something through thought power if that something is within its range of obtainability.

In other words, if something is within his range of obtainability, a person is not fighting his natural inner logic when he tries to manifest a new deck chair through thought power because a deck chair might be something that he could go out and buy at a store if the need is bad enough.

The mind then doesn't put up such a big fuss. If the person wants that deck chair and creates a thought form to get it, then tries to maintain a feeling of Detached Expectancy, his mind won't argue too much because the mind agrees that this might be possible. It might protest a bit if it has never worked with thought power before, but since the chair is not an important thing to it really, it will most likely leave it alone. The mind, the self, that constant internal dialogue that maintains the mind's existence, will most likely have this conversation with itself:

"Ok, I'm going to try this thing. I am really going to try hard. But I mean come on, thoughts creating things...really? I have doubts, I'll try to ignore these doubts, try to stay positive, I'll move this doubt to some corner in here somewhere and forget about it...oh yeah, it's supposed to be outside my control anyway, I'm supposed to let this thought form take care of it all, I just have to jump in when I see a positive window...we'll see.

But how hard is a deck chair really? I could go get one right now at the store. What's supposed to happen anyway? It's all luck I bet...anyway, who cares, it's not like it's something really important...now if it was my dream house..."

In this way the mind will go through many permutations until it just relaxes comfortably in the fact that if anything happens, it will most likely be easily explainable as luck; random chance. Well, luck as we shall discover in chapter eight is not what most suppose. A mind, your mind, not understanding how probabilities work, or not wanting to believe anything until some kind of proof it considers good enough presents itself, can think what it wants.

When this person does get a new deck chair, perhaps because someone happened to be moving and gave it to him as gift or perhaps because he stumbled across a perfect version of what he wanted at some yard sale for a dollar, his mind will just say that it was all luck.

Your opponent sank the eight ball by accident. You just won the game, but it was all a fluke...really.

But with another part of your mind I want you to start paying attention to these flukes. I want you to get yourself a little diary and write down:

- When you first thought about getting what you desire; when did you start wanting it?
- The date of your first thought form creation, and how you felt about your efforts? How many have you made so far and when?
- When did you start to try to maintain an **egoless expectancy** in your thought form? How long can you maintain it during the day, and how you think it's going with these efforts?
- Did you get what you wanted? How did you get it and how long did it take?

A little diary like this will become incredibly useful and invaluable to you. It will allow you to start to make connections between your desire, your

mental work, and your final success or failures. You will eventually get to a point where you will see so many successes that it will just be impossible to attribute them all to luck and happy coincidence.

But you don't need to prove anything to yourself before you can start to really benefit from your mental efforts. Let your mind make its slow progress towards truly believing in the power of thought to affect reality. If you start out small, by getting what your mind does not have a big problem with, you can begin to manifest many material things in your life right now, and what is perhaps more important to you is that once you get that deck chair that you wanted, you can now set your sights on something a little bigger like that new barbeque set that you also needed.

As you work towards and eventually get the barbeque set you wanted, you might then want a bigger deck. Once you have the bigger deck you might want a new entertainment room in your basement. Things might continue like this; you wanting, working mentally for and getting everything you wanted for seemingly nothing, until you finally realize that you want and need a bigger place.

The mind, the self, will all the while be telling you that all the stuff you now have is good luck and circumstance. It will give you all sorts of logical reason why what you got was actually the result of being at the right place just at the right time. And more importantly it will now tell you that getting a bigger place is easy because selling your current place, with all the new extra equity, is quite possible. The funny thing is that the mind might even begin to accept the fact that you are really lucky and you just might luck out one more time with your home sale; it will still not be completely ready to admit that this thought power stuff works. But knowing about 'the range of Obtainability' and how this plays a role in your manifestations, you will know that getting that bigger home is just another step on your way towards the giant mansion of your dreams.

What you do is that you let that part of your mind that doubts have its air time. No need to fight it or argue in any way because external experience is slowly but surely showing it that its concepts of how things work are narrow at best. It might try to help by offering ideas about how some good soul will buy your home for a great price and how you will find a mansion for a steal if you work hard enough, but it has no real clue how to go about making all this happen. If it does then it will recommend months of leg work, courses on selling and persuasion, and saturating the market with some very expensive advertising campaign.

What you do instead is that you let it talk and talk while you create yet another powerful thought form to get what you desire. You focus your mind on the egoless expectations that you are now so good at maintaining, and watch as that part of your mind that doubts stays out of the way because it is starting to understand how things really work. In this way you will never make it feel threatened since its precious beliefs are not being overtly attacked or violated.

In this way, staying within 'the range of obtainability', you will be able to get all that you want by slowly working up, one step at a time. Instead of going for the big prize right off the bat, and failing miserably, you will be able to get to your big goal by making smaller gains that don't ruffle the feathers of the self.

I think that it is important to point out that you don't need to have a ton of stuff. Usually when people speak about manifestation and the law of attraction there is this implication that we should all be rolling in it and that we should not think about any kind of frugality because this is scarcity thinking; which is supposedly a big no-no. People often believe that they must give up any notion of thrift because this goes completely against the law of attraction which says that if you think about having less then you will get less, which they say is bad.

Again I think that this is a problem that arises mostly because our language finds it very difficult to explain internal action. The problem is also created because most do not realize that it is beliefs that shape reality and that these beliefs are not the thoughts that you have often, but that they are the internal framework upon which we focus our attention and therefore the 'great sum' of your thoughts.

Many then try to erase from their minds any notion of prudence, which means that in many ways they begin to act like spoiled and irresponsible children. They think that they have to have everything and use the material world without any regard for others because people should be taking care of themselves and because scarcity is a mental problem. There is this implication that if they don't do this, they will fall prey to negative thoughts of lack which will then draw that lack to them.

This is most unfortunate because this pattern of thought and action is devastating the world at large that we all share. All of this is highly personal and I do not wish to impose my beliefs on you but I do wish to point out some things so that you find it easier to explore your place on this planet and your responsibility to it without fearing that you are somehow affecting your own ability to attract the very best into your life.

When we realize that it is our beliefs that shape our thoughts, we begin to feel less fearful about the thoughts that run through our minds. Knowing that beliefs are not the thoughts that we have often, but that they are actual frameworks that can only be changed through direct attention and examination, we begin to give our mind the freedom that it requires to explore all concepts and ideas without worry.

Instead of trying to ignore a problem, as sometimes people are told to do, fearing that focusing on something that they think of as negative will only attract more negative, we can actually take the time to explore the impact all of our actions upon the world.

We are then able to see that even though we can completely believe the fact this world is not about scarcity at all, our actions still do affect our neighbors. I for example believe in humanity, I believe that we can and will get everything that we want as long as we discover how our internal world works and how this relates to our ever evolving science. I believe that humanity can grow to develop ways to provide everything for everyone on this planet and that there will come a time when we will all be able to be and do whatever we most desire.

But for humanity to do this, I think that each one of us as individuals need to become responsible creators, understanding that what we manifest in our lives has an effect on everyone. If that giant mansion that our hypothetical person wants, through its creation or its maintenance, pollutes the river that runs past it then those down the river will be harmed by our friend's egotistical need.

Being a responsible creator means that you take responsibility for your actions, especially the internal ones. When you use thought forms to manifest your desires, make sure that these actions that you are about to take feel right in your heart and in your head.

Some assume that since they can manifest what they want, that others should be able to manifest their own realities as well. I suppose they believe then that if these people living down the river from them were capable creators as well, they would then be able to create a situation where they could clean up the river that you polluted or that they would move to a better river that satisfies all their needs... and well, who cares about that polluted river anyways, you should just ignore it because your focus on its polluted waters will only bring bad things into your life.

I suppose one could then believe that pollution like this does not matter because there are infinite spaces and you are somehow free to use the world as you see fit because there will always be more. That by focusing on getting what you want, you are always guaranteed to get more and more as you develop into some creature that always gets what it wants; you are not here to take care of anything or anyone but yourself, you are here to get more.

The thing is though that no amount of material gain will ever satisfy your inner being. It is my opinion that we are not here to live a life of total opulence in some gilded cage that we have created for ourselves. I believe, as many do, that we are here to grow and expand; to become brilliant and enlightened being that have the capability of shedding the material constructs that bind us.

Part of this growth depends on our ability to work with energy in order to manifest anything that we might need on our journey. But we must also use this energy to expand our inner being, which means that we must develop our empathic abilities so that we can discover the oneness that we all share.

By discovering the power of our own thoughts to create the totality of our lives, we begin to understand the responsibility that we all have to ourselves and the world; we truly are completely responsible for the life we experience. And as we begin to trust more and more in the power of thought forms to manifest what we desire, we can begin to see that we don't have to be so desperate, thinking that we must struggle and fight to get what we want.

When we know that we can get what we want when we need it, we can finally relax and begin to contemplate the inner reality of our being. Instead of going from one material desire to another, we can begin to shed the need for external material things so that we can discover the truly ecstatic and magical experiences that can only be found in the more subtle realms that support the physical world that we so take for granted.

This does not mean that you can't have that big mansion if you want it, it doesn't mean that you should become some kind of "life hating" monk. It means that you must take responsibility and be more conscious about the things you create. Instead of manifesting a giant castle that pollutes the rivers and destroys the land, perhaps you could instead help to manifest a gorgeous mansion that allows you or some wonderful inventor to come up with a way to clean the rivers and help the land. Instead of owning masses of land that you will never use, thinking that it is your right to have them because you were good enough to manifest them, perhaps you can instead buy land that can be kept safe from the ravages of pollution and mistreatment. Perhaps you can also share this land with other responsible people and with those that wish to worship it like the children of nature that we all are.

In order to overcome the resistance of the self that might still believe that thoughts cannot create a new reality, start small and work your way up. Work on manifesting the little things first until you have enough that you can get the big things in your wish list without ever upsetting the fearful ego. This fear by the ego can seriously hamper your efforts with manifestation so use this technique of starting small and working up to get what you desire without creating any internal resistance at all.

And perhaps along the way, when the ego finally grows enough that it is able to realize that it can get anything it wants as long as it learns to focus and deploy energy properly, you can stop your endless upward climb, realizing that you are only building a nicer cage for yourself. Perhaps then your ego will realize also that the greatest joy that it can feel can only be found in total freedom.

#### **CHAPTER 6**

## **Wealth Servitor**

As I mentioned in the last chapter, manifestation can create internal opposition because of the beliefs that the self might hold. These can be overcome by starting small and working your way up and by creating powerful thought forms that can supersede your personal beliefs, but there is also another way that we can use the power of thought forms to inject prosperity into our lives.

To do this we have to create a more specialized thought form that is often referred to as a servitor. As I mentioned earlier, a servitor is sort of like a thought form on steroids. A sense of identity and a specialized nature are key features of a servitor.

In this chapter I will be showing you how to tap into this specialized nature of servitors by creating a highly specialized ethereal machine. Along the way I will also give you a better definition of the difference between regular thought forms and servitors so that you are able to incorporate both into your wealth manifestation practices.

It has been my custom to show you the general aspects of servitor construction and leave it up to you to design and create the specific servitor that you want. In this chapter though I am going to help you create one particular kind of worker servitor through a step by step procedure.

I will be giving you two options as far as where you want to go with this servitor. What I mean by this is that:

• I will show you how to create a specific kind of energy emitting servitor so that you can create one completely on your own and make

it your own personal servant.

• But you will also have the option, if you so choose, to participate in a group created servitor. This group created servitor has all the same properties as the one that you can create on your own but it has the possibility of being far more powerful.

If you want to create your own individual energy projecting servitor (using the step by step procedure that I will outline shortly) then I will let you decide what name you wish to give it. If you think that you want to take advantage of the powerful group servitor then I will start by sharing its name with you:

MOlamp.

MOlamp (or your personal servitor that you create for you alone) is going to an energy projection servitor, meaning that it will be created to project a certain kind of energy into its surroundings. I have talked about these kinds of servitors before. In the first book in the servitor series I mention a servitor that a friend of mine created in order to attract the opposite sex. This servitor projected a red light that created a deep feeling of sexual desire in those that were the target of its projections.

While the servitor that my friend created turned out to be more entertaining than anything truly practical, we can use the same methodology to create a servitor like this that projects money and strong feelings of prosperity upon you and your family.

A servitor like this can project a great feeling of prosperity upon those that come in contact with it. As I, and other authors in this field have mentioned, feeling prosperous is of great importance if you want to create prosperity.

Feeling prosperous focuses your mind into having thoughts of prosperity and these thoughts then go about creating true prosperity in your life.

By using this specially created servitor we are cleverly inverting the usual steps involved in manifestation. Usually we manifest the world around us by:

- 1. Holding certain beliefs; these beliefs create a framework for our mind.
- 2. This framework focuses the mind and directs the flow our thoughts.
- 3. These thoughts create emotions that further focus thought and provide the energy required to manifest the sum of these thoughts in one way or another as objective reality (which includes situations) which we can experience with our physical senses.

A servitor is a quite deliberately created external influence that can bypass beliefs and implant feelings directly into the mind. These feelings vary in strength depending on the power of the servitor. A really powerful servitor created for this particular purpose can create strong feelings of prosperity within the minds of all those that come within the range of its projections.

These feelings of prosperity, felt within the minds of those that are affected by it, can produce intense thoughts of prosperity and fortune. These strong thoughts of prosperity within the target mind produce even stronger feelings and emotions as a result. This then creates a type of circuit that goes from the servitor, to the mind, to external reality. The external reality that the servitor helps to create then allows the mind to have more thoughts about wealth and prosperity which then help to feed the servitor. The servitor will need to be charged on a regular basis but it will grow in power slowly as more and more positive energy is directed towards it. You could say that we are creating the positive version of the negative poltergeist thought form that I mention in the first chapter.

Essentially, a servitor like this does not create money per se; it creates feelings of having lots of money, wealth, and prosperity. These feelings, projected into a person's mind create thoughts and emotions related to those feelings of great prosperity. These thoughts and emotions created in the target mind, which is being affected by the servitor, then go about creating/manifesting wealth and prosperity within the physical reality of the affected person.

Since this is an important servitor that we are creating, we are going to use methods outlined in both my earlier books in this series. For those participating in the group servitor experiment, I will provide you with a name, sigil, logo, and design that you can use. Those that wish to create their own private servitor for wealth energy projection need to design their own servitor, name, and logo.

The benefits to creating your own personal servitor with a different name and logo, as opposed to using MOlamp, vary depending on what you want. Here are some things to consider;

# Things to Consider

#### If Using MOlamp

If you use MOlamp, you will be tapping into the combined energy of all those that also use this name, sigil, and design. That is, since many people (including myself) might be using MOlamp, a larger thought form base will be created that can benefit all those involved in the project. This large energetic base can be a great asset because it will make this servitor much more cohesive and functional.

The downside to this is that you will need to make sure that you maintain your servitor in on a leash. 'MOlamp', like all mental creations/thoughts, is subject to a state that can best be described as 'superposition'. This means that it is not in any one particular place and time but it exists in all places, or positions, simultaneously. In order for a servitor, or any other thought for that matter, to become present in one point it space and time, it must become manifest to one degree or another in physical reality.

In order to create a leash for MOlamp therefore, you have to make sure that it becomes manifest wherever it is that you want it to be. This all sounds complicated but it is actually a simple procedure because all the work is really being done by the inner self or subconscious as some call it; that very large part of you that runs and maintains all of your body functions without you ever even thinking about it consciously. All you have to do on a conscious level is to intensely visualize MOlamp wherever it is that you want it to be. If you have not read my earlier book and are not familiar with servitors, the techniques and reasons for them will all become clear to you when you read the procedures for creating a wealth servitor below.

Most of the conscious work that you need to do will be done during the servitor creation and charging process (which I will describe to you shortly), which is essentially an act of manifestation. Servitors then (this

includes MOlamp) are powerful concentrations of thought that you manifest in this reality in order to help you manifest something else

If you think of the thought forms that I showed you how to create in Chapter 3 as manifestation machines, then you could say that a servitor is a much more complicated and personal machine for the same purpose. The only difference between thought forms and the servitor that we will be creating is that the thought forms are created to try and manifest one specific thing one time while this energy generating servitor manifests general situations of good luck, fortune, wealth, and prosperity.

Once this servitor is made manifest (through its design, visualization, and charging) you anchor it to a certain place by commanding it with a statement of intent. This will set the leash for MOlamp, so for example if there are ten people using this same servitor, then MOlamp will exist in the ten places that these particular people command it to be. It will also have an existence that is outside of time and space which means that this servitor will always exists both within space and outside of it.

Think of MOlamp as being sort of like a large cloud that exists in a dimension outside of this dimension. But it also has the ability to send forth long thin tendrils of itself, sort of like long tentacles that can burst through into this dimension and attain a type of physical concreteness that can be felt and experienced by the people in those ten locations; the places where it has been anchored by its human creators.

In order to try and explain this concept of MOlamp existing in a dimension outside of time and space (superposition), but at the same time being able to access a number of different physical positions in space time, let me give you an example of a similar entity: Santa Claus.

Whether Santa is or was at some point an actual living being, you can be sure that he is now a very powerful thought form. Santa is a perfect

example of a somewhat willfully created thought form that could actually be used in the same way that you can use MOlamp.

Santa's design has been modified and perfected for hundreds of years now. Every artist or storyteller that describes Santa and what he does, is actually helping to refine and empower this very powerful thought form. His power and energy grow every time that a child ponders him, sends a letter to him, and puts out cookies and milk for him in the hope of gaining his favor. Santa is a potent thought form that could become a servitor by those with the knowledge to tap into all this power.

Santa, like all thoughts, exists in a state of superposition; he is everywhere and nowhere at once. He is like a giant cloud existing in a dimension outside of time and space as we understand it. This cloud grows bigger and bigger with every though and every feeling that any person on the planet has about him. Santa is BIG and he is getting bigger and will continue to grow and grow until the whole of the world stops thinking about him.

There are many that try to account for how Santa can/could deliver a gift to every child in the world in just one night. Well, if Santa is the powerful thought form that he is then one way he could do this would be to take advantage of the fact that he is in a state of superposition.

Now I am not saying that Santa is physically a real guy or that he delivers gifts to all the kids in the world in just one day. What I am saying is that a thought form, if it is powerful enough, could be manifested in a number of different positions at once, all at the same time. And that even though it is manifesting in a physical position, most of its being will still exists in that non-local or superposition state and as such it is then able to draw energy from that massive non-local self in order to perform some pretty powerful acts in all those positions at the same time.

MOlamp is like a Santa then in that it will exist in superposition, it will be able to act in many places simultaneously and it will be able to draw upon its ever growing pool of energy to create powerful effects. But unlike the Santa thought form that is seldom fed and used consciously, MOlamp will be getting charged and directed in a very conscious way by those who

employ it. The creators and users of MOlamp will be able to access all of the energy that they have contributed to creating this servitor and a lot of the energy that others have contributed as well. The more that they use it, the better it is for all involved.

Each person that creates a MOlamp will increase the power of this servitor as a whole. The part of MOlamp that exists in a superposition state will grow and become more and more complete as these users charge it over and over again through their psychic attention and by commanding it to do its job. As it grows more and more complex in this superposition state (sometimes also referred to as non-locality), it is able to exert this growing power and complexity on all physical (local) positions simultaneously so that each human creator benefits from the power of all the others. The more people that use it and the longer that it is used, the more powerful that MOlamp can become.

In order to maintain MOlamp in your service, you must make sure that you practice calling it and envisioning it on a regular basis. This means that you have to practice visualizing it where you want it to be frequently; you must make sure then that you command it and charge it in that way on a regular basis.

This would mean that after you have done your first visualizing, charging, and commanding of MOlamp, that you repeat this process every seven days on a regular basis. The original creation (or manifestation of your servitor (whether it is MOlamp or a personal servitor) can take a bit of time, but any subsequent recharging and commanding (in order to maintain its leash) can be done in a few minutes.

To do this with MOlamp for example, visualize it as being set in place where you have commanded it to anchor itself, so that it can flood you with all of its positive energy. So for example you could spend 5 to 10 minutes every seven days or so imagining that MOlamp is hovering in the corner of

your living room, just below the ceiling, sending a powerful and radiant light of prosperity and wealth to you and your family.

#### If You Are Creating Your Own Wealth Servitor

If you wish you can create your own unique wealth and prosperity emitting servitor, you will have to come up with your own body design, logo, and name. MOlamp for example is actually just a golden glowing orb. I find that simple designs are best because they are easy to visualize and maintain and they have as much power as a large intricately designed servitor. MOlamp glows like a little sun, flooding an area with golden light, evoking great feelings of prosperity and wealth on all those who are basking in these golden rays. But you can make your servitor look like anything you like; anything from a complex chandelier to a flash light.

There are many variations that you can create and the name can be anything that you like; in the instructions I will show you how to create a logo for your servitor just in case you have not read the first book in the servitor series.

The benefits of a personal servitor are that you don't have to worry about anyone else's energy, you just focus on what you want, and about making sure that your servitor is charged on a relatively frequent basis.

Since you are not sharing energy, your servitor can only grow as powerful as you alone can make it. This means that MOlamp will be a little more unstable and will require more attention but it will also grow far more in power than any personal servitor could. Your servitor, being yours alone, won't have the tendency to leave the area that you have commanded it to anchor itself upon over time, but its energy projection won't be as powerful and you will still need to charge and maintain your personal servitor or else it will stop projecting energy and will go inert.

A personally created and maintained servitor is best if you want to work on your own and don't want to have to worry about wrangling a somewhat wild public one. MOlamp will work best for you if you don't mind doing some babysitting in order to benefit from a large and powerful entity making much quicker changes in your life; I'll let you decide what you want to try.

#### How to Create a Wealth Servitor

Since this is most likely going to be an important project for you, we will be combining aspects of the methods that I outlined to create worker servitors (in the first book in the series) and companion servitor (that I discuss in the second book).

The reason for this is that by using the companion servitor creation technique you will be able to create a servitor with a really powerful presence. Having a servitor that has a really powerful presence means that you have one that is very real to you, which then allows it to exert much more influence in your life. We will also be using the logo and the basic design methods from the worker servitors discussed in the first book in the series because this is a very good way to design, re-charge, and command a servitor of this nature.

The methods below are applicable for creating your own individual wealth projecting servitor or for manifesting MOlamp.

### Step 1

We usually begin by thinking about what you want your servitor to do. Since we know that we will be creating an energy projection servitor, we can begin to contemplate what design would accomplish this best.

- If you are going to participate in the MOlamp experiment then this part is taken care of because MOlamp's design is that of a large golden glowing orb. If you need inspiration in order to help you with your visualizations of MOlamp then imagine a large orb streaming forth intense amounts of light sort of like the sun. You might also wish to use the image on the cover of this eBook for inspiration in this respect.
- If you are going to create your own unique servitor then try to think of a design that would best help this servitor to project light energy upon

your space. You could try something relatively simple like a glowing diamond or something really complex like a beautiful chandelier. Please feel free to create a descriptive paragraph of what your servitors powers are going to be if you feel that this will help you come up with a good solid design and name.

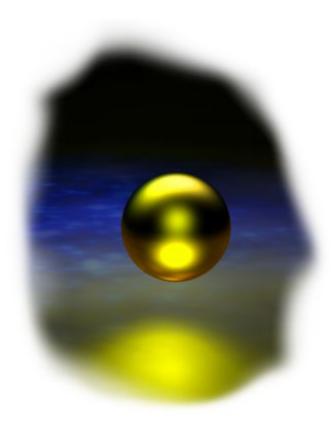
#### Step 2

Create a general outline of your servitor on paper.

- Write as statement of intent for your servitor to get you thinking about what your servitor will look like.
- Create an image of your servitor on a piece of paper and underneath this image write the servitor's name and a point by point list of its powers and attributes.
- Beneath all this or on a separate piece of paper I want you to create a logo for your servitor; a logo is what I call a servitors sigil which I think is far more descriptive of what a sigil is really supposed to be. This sigil can be created by making a really simplistic version of what your servitor looks like or by combing the letters in your servitors name into a fun design. To get an idea of what I am talking about, please take a look at the logo that I designed for MOlamp below.

Here are the specs for MOlamp:

MOlamp will create money, good luck, wealth, and prosperity in my life and in the lives of all those who use it and come in contact with it.



- Fiercely loyal and obedient
- Strong rooted anchor that keeps in the place that I command it to be
- Able to completely bathe a 30 foot area (change as you see fit depending on the size of the area MOlamp will be working in) with a powerful golden light
- This light is the physical representation of intense feelings and thoughts about wealth, prosperity, money, riches, good luck, luxury, opulence, and extravagance
- This light/intent will be projected strongly by MOlamp so that it will penetrate the minds of all those who are hit by its golden light
- This light/intent, once making contact with me or any other person within its radius of influence will force us to have intense thoughts about wealth, prosperity, money, riches, good luck, luxury, opulence, and extravagance
- These thoughts that MOlamp creates will be so intense that they will deeply affect my mind and those within MOlamp's sphere of

influence. These thoughts will saturate our subconscious and they will force us to manifest wealth and good luck of all sorts in our lives



Step 3

At this stage you should have a really good idea of what your servitor looks like. If you have applied yourself to the work above then your mind will quite naturally have begun to explore how your servitor looks as a three

dimensional being in space. If you just have not gotten there, which happens sometimes so no worries, begin to imagine what your servitor looks like as a real being in three dimensional space; close your eyes and try to imagine your servitor floating above some of the furniture in your house. This doesn't have to be a long or complex process, just imaginative play with the idea of what your servitor might look like in the flesh as it were. This will allow you to study your design and to make any changes that you think it might need to be perfect.

#### Step 4

For the charging process, as I mentioned earlier, we will be using the same procedure that is used in charging a servitor companion.

To begin the charging process, I want you to find a quiet room, one where you will not be disturbed for 15 minutes to half an hour. In that room I want you to put your sheet of paper containing all of the servitor information; statement of intent, powers in point form, logo, and a rough drawing of what it will look like manifested in physical reality. Spend the time in this quiet room studying this paper and the image of your servitor as closely as possible. Take this time to try and memorize all the features of your servitor so that if you close your eyes you will be able to remember every single detail.

I suggest that you do this for couple of days, or for as long as you think it takes for you to memorize this entity completely. For some people this will not take very long and for others it might be longer depending on how good your memory is. It is up to you to decide how long you wish to spend on this step.

#### Step 5

When you believe that you have memorized every detail of your new servitor, so that you can close your eyes and see it quite easily, I want you to begin the second step in the charging of your servitor.

Once again go into this quiet room where you will not be disturbed for 15 minutes to half an hour. If you can, try to darken the light in this room somewhat so you get a 'dusk like' effect. If at all possible, try to keep one source of low light focused on your logo, while everything else in the room is relatively dark. Some might want to put their logo on top of a small table beside a candle in the corner of their dark and quiet room. This would be ideal but I would not do this if it brings up odd connotations for you. What I mean by this is that some people tend to equate dark rooms and candles with dark magic and this can be a psychological hang up that can be a hindrance for some.

Do realize that this is not a dark and evil ritual; it is just the most efficient set-up to obtain a desired result. For those who enjoy a more Gothic reality, this could be the perfect set up. It is up to you to decide how best to proceed on this. There is no reason why you could not use a flashlight or colored lights of some kind if you wish to. My only reason for wanting you to create this atmosphere is that this set-up will make it much easier for you to focus your attention on your logo and on the image in your mind, which is ideal for the manifestation of the servitor.

### Step 6

Once you have your quiet room set up perfectly, I want you to try and visualize your servitor with your eyes closed. That is, I want you to spend 15 minutes to half an hour in this darkened room with your eyes closed, and I want you to try and see your servitor before you in your mind's eye. In many ways this should be an act of memory recall for you, but I want you to tell yourself that you are now creating your servitor; I want you to tell yourself that you have begun the process, this visualization that you are doing now in your mind's eye is beginning the process of creating this entity. This personal statement given to your self is a statement of intent, and as such it will color the way that you approach this visualization time; it will quite literally change your energy and focus.

I suggest that continue with this exercise for a couple of days, or as long as you think it takes for you to be able to visualize your servitor clearly with

your eyes closed. Follow your intuitions on this and make sure that the image in your mind is as perfect as you can make it.

#### Step 7

Next, you will need to spend 15 minutes to half an hour in this darkened room trying to visualize your servitor with your eyes open. What I mean by this is that you will now try to visualize your servitor in the room with you. Try to visualize your servitor floating above the logo, perhaps seeing it materialize from the shadows just outside of the reach of the candle's glow. Try to recreate every single detail of the servitor that is on your sheet of paper. Thanks to the time that you spent memorizing and recalling the image of your servitor with your eyes closed, and thanks to the fact that you are in a dark room, this should be relatively easy for you.

Do remember that you are trying to create every single aspect of this servitor within three dimensional physical reality so make sure that your visualized servitor spins around sometimes as you visualize it so that you add form not only to the front part of it but to the back and sides as well. Practice visualizing your servitor from every angle (this will be easy if you are creating MOlamp because as an orb it is essentially a sphere floating in space), do this until you can clearly see it floating around the room, spinning maybe, until the visualizations of your servitor is perfect.

Do this for as long as it takes; for some it could take a week and for others it could take a couple of days. Follow your intuitions on this as with everything else, but make sure that your visualization of your servitor is the best possible.

#### Step 8

In the eighth step of your charging, I want you to try and start moving and interacting with your servitor. In this step of the charging process, I want you to bring more life into your thought form. You do this by visualizing your servitor moving around this quiet room. To command it to move around, just imagine that your servitor is moving along and following your

eyes as you look around this quiet darkened room. There is no need to command it with words or to try to force your will somehow. All that you need to do is to focus your imagination so that it does what you imagine that it will do, like a game, not a contest of wills, just fun.

Do this step until you are comfortable moving your servitor around and, most importantly, you can also make it stay put wherever you leave it.

If you are like one of my commenters that said jokingly that he made a servitor but that it ran away...then you just don't have the mental focus required to command your servitor yet, but this mental ability will come to you quite easily if you just stay patient and keep working in your quiet room until you feel that you have a solid entity that does as you command. When this happens, try to have it come towards you and then move away, have it turn around and perhaps move in the air, have it shine some of its light upon you or your room, notice if you can see this energy as light making things glow with its power.

This step truly brings your servitor to life so you must devote as much time as possible on this, until you feel that you can see your servitor very clearly and you can command it as you wish. I recommend a week on this step, but the true judge is your own subjective feelings.

#### Step 9

The eighth step in the charging of your servitor does not take as long as the other steps but it is an emotionally intense process. Once in your quiet room, focus your attention on your logo. Now look above your Logo and visualize your servitor. Imagine that it is interacting with you and it is moving around in a natural fashion; as you do so repeat your servitor's name three times.

After each repetition of your servitor's name, I want you to feel with every ounce of your being that this servitor before you is real and it is there alive. Imagine that all the psychic energy in the area and in your body goes into

the servitor so that it begins to glow with power. Play with your own beliefs here and try to feel with every fiber of your being that this entity is now real and alive and glowing with power.

On the third and last repetition of the name, I want you to focus all your attention and effort in believing with every single ounce of your being that your servitor is there now alive and glowing. Feel this vividly, feel it being alive, see it glowing, know that it is alive and glowing with power; believe it with all your being, with every single ounce of your will. Do this for 5 to 10 minutes. This is an intense exercise, believing something with your entire being, it might even make you sweat with the effort, so don't be surprised if this happens. Just keep focusing on your one goal, on your one feeling without stopping for the full 5 to 10 minutes.

When you are done, in loud and commanding voice say, "(servitor's name) you are alive! Go to (describe where you want your servitor to go in your house, office, etc.) and shine the light of wealth on us all! GO NOW!!"

In your mind's eye see the servitor anchored where you want it to be, glowing and projecting light energy. You might also want to go to the area when you get a chance and visualize it being there as clearly as possible.

#### **Step 10**

In order for MOlamp or for your independent energy emitting servitor to stay on the job and have the energy required to do what you are commanding it to do, you have to charge it every seven to fourteen days. To do this, imagine your servitor materializing before you (you can do this in your quiet room or anywhere you want. For best results, go to the area where the servitor is supposed to be anchored and imagine it there) and you repeat the eighth step above.

See your servitor before you, call its name three times and repeat the above procedure.

Since servitor control is important and some have expressed concerns in this area I will add the basic procedure for servitor control here:

You make a servitor do what you want by focusing your mind, in this present moment, on what you want. For example let's say that you want your servitor to go from one end of the room to the other. To do this you need to focus on seeing your servitor go from one end of the room to the other, in this present moment without effort or strain. It does no good for you to try to beg it to do what you say, it does no good for you to try and scream at it so that it does what you want, and it does no good for you to try and cry and whine to make it do what you want.

To get it to go from one end of the room to the other, focus your mind in this present moment on seeing it move from one end of the room together. Do not stress, do not make effort aside from the effort required to focus your mind on this one particular thing. If you want your servitor to start moving around before you, visualize in this present moment that it is doing so, and then let it continue on its own. The trick is not effort but focus; see what you want to happen in your mind's eye and it will happen. When your servitor does something that you do not want, it is because in your own mind you are not clearly focusing on only the one thing that you want. If as you focus on your servitor doing what you want, you are also thinking a bit about what you are going to do tonight, and also perhaps you are thinking that your servitor will not do what you want, that it is being stubborn, then you are not focusing on what you want but focusing on other matters and perhaps even on the worst that you expect.

A true and focused command, one that will be followed without reservation, must be focused like a laser. You focus completely on what you want without strain or effort and when this is done perfectly, your command is followed perfectly, without hesitation. As you focus your mind this way, energy will naturally accumulate on your desire and intent. As the energy around your intent grows, your desire/command will be followed.

How do you begin to participate in the MOlamp project?

Well, by following the step by step instructions mentioned above and by manifesting MOlamp in your life, you have begun the process. I will be using MOlamp so my energy will be going into it and the more people that participate, the stronger that MOlamp will get.

There is no need for signing up anywhere, we all work in an anonymous collective and judge our success by how well MOlamp works in our personal lives.

#### **CHAPTER 7**

# Synchronicity, Coincidences and Riding the Luck Wave

So what now?

You are working at developing stronger and more focused thought forms to get what you desire. You have created a servitor to project wealth and prosperity into your life, and finally you harbor a highly Detached Expectation within yourself...what do you do now?

Since the moment that we are born, we are taught that in order to get things done, we have to do something. We are told that life requires action, which is true, life requires action.

What we are not told, unless you have some pretty special parents, is that there are two kinds of action.

We are all very familiar with the first kind of action, the one that we must use every day if we wish to get our chores done or to get the TV remote from the other side of the couch. The first kind of action is **physical action** and most of us grow into adulthood thinking that this is the only kind of action that there is.

As children though, before the adults in our lives completely changed our intuitive knowledge, we did know better. Not completely bound by the imposed belief structures that would eventually rule our lives, we were free to explore a different kind of action that allowed us to partake in a magical world that our parents were not privy to. Many of us remember how as children we could imagine things into existence, make ourselves feel any

emotion on command, and explore the edges of a world where déjà vu happened every day and the laws of cause and effect did not so rigidly bind what was possible.

This second type of action that I am talking about is **internal action**. We can sometimes see hints of it within our adult lives in the form of religious ritual or other internal practices that have us focus our minds in a certain way. Many of these practices though, tend to focus on psychological or philosophical expansions of a group identity, and even those who take part in these rituals and ceremonies don't often have real faith in the power of this internal action.

If you have been reading books on the law of attraction, manifestation, or any other related material, then you either believe or are willing to believe that internal action can change objective reality. This is a big step in the lives of most people and it is a difficult process because we are no longer children that can innocently trust that things will work out just so, without much rational thought at all.

A child does not understand how large the world is or how complex it can get. A child does not have the intellectual resources and volume of information that tend to complicate, and yet empower in many ways, the adult mind. It is much harder to believe as an adult that a simple mind game can alter the hard physical world that we all inhabit.

Since we can't go back to that simplicity of mind that we had as a child, what we need to do is to be able to develop a new kind of trust in the power of internal action. We can do this by using our now mature and logical mind to understand how this internal action works. We can also practice internal action so that we begin to see evidence of positive change in our lives.

One of the biggest mistakes that we make when we start to use internal action as adults is to believe that physical action and mental action should work in the same way. We tend to think that we should be able to move an object with our minds in the same way that we can move an object with our hands or that we should be able to manifest a thing out of thin air, very much the same way that we might put together a piece of IKEA furniture that we just purchased.

The reality is though that internal actions work by a different set of rules than objective physical ones, and not understanding the difference in these rules tends to be a big problem that most of us face when we are trying to once again trust in the power of thought to change reality.

#### THOUGHT FORCE IS INTERNAL ACTION

Science is just beginning to realize the power of human consciousness to affect the objective world. In its quest to understand the smallest particles within this physical world, science has begun to put together a mathematical description of our physical reality that contradicts many of the highly mechanistic notions that it had previously taken for granted. Quantum mechanics, for example has proven that, at least at the subatomic level, physical matter abides by laws that previously had only been expounded by mystics and sorcerers.

Many bold modern philosophers and scientists are beginning to realize that this quantum mechanical description of our world has very far reaching implications for all of us. The more that science delves into quantum realities and superstring theories, the more that it finds itself face-to-face with what the ancient mystical schools of thought have been saying all along.

I mention these advancement in scientific thought because I want you to realize you are not some kook for believing that your thoughts can somehow alter physical reality. Most of the scientific establishment will fight tooth and nail to try and to prove that the world works through a type of mechanistic physics that was all the rage back in the days of Newton, trying their best to debunk anyone that would dare to challenge their ideas about how reality is supposed to work.

And yet, the far more daring and intellectually capable in their ranks, prove over and over again that this is a participatory universe and that it is our very thoughts and attention that bring it into being.

"It from bit. Otherwise put, every 'it' — every particle, every field of force, even the space-time continuum itself — derives its function, its meaning, its very existence entirely — even if in some contexts indirectly — from the apparatus-elicited answers to yes-or-no questions, binary choices, bits. 'It from bit' symbolizes the idea that every item of the physical world has at bottom — a very deep bottom, in most instances — an immaterial source and explanation; that which we call reality arises in the last analysis from the posing of yes-or-no questions and the registering of equipment-evoked responses; in short, that all things physical are information-theoretic in origin and that this is a participatory universe." — John Archibald Wheeler, theoretical physicist

- Initially coined the terms "black hole", "wormhole"
- Developed the important "S-matrix" in particle physics
- Worked with Niels Bohr to explain nuclear fission in terms of quantum physics. Developed the equation of state for cold, dead stars
- Helped popularize the study of general relativity in the mainstream of theoretical physics
- Helped to firm up the theory and evidence for black holes
- Collaborated with Albert Einstein in his search for a Grand Unified Theory of physics

<http://www.physicsoftheuniverse.com/scientists\_wheeler.html>

In order to trust in inner action enough to develop the power of our thoughts, we must begin by realizing that modern science is just beginning to understand and prove the power of inner action; this fact alone should help many to trust a little more in the worth of their inner reality.

Secondly, you must begin to explore the laws of inner action as they relate to cause and effect in your own life, so that you are able to get more concrete and predictable results. With more predictable results, you will be led naturally to the truth of your own inner power.

Like those incredibly small particles quantum mechanics is trying to understand, we must realize that our thoughts are not bound by space and time. Knowing this, we can then begin to apply a new type of logic to our inner work; we can begin to utilize this inner action in a more productive way so that we are able to get the external results that we desire.

It is very important that you realize that internal action is not ruled by the laws of cause and effect as we understand them in our very mechanical objective world. Internal action is ruled by coincidences, synchronicities, and by inner work that the conscious mind is not aware of for the most part; work that is being carried out in a place outside of time and space as we understand it.

Many people have heard of 'synchronicity' but few understand what it actually means and how it relates to the manifestation of wealth and prosperity.

Synchronicity is basically the principle by which we know the phenomenon of present time. If different actions align within the present frame of reference, they are said to synchronize. One way to think of this is to contemplate the idea that all the gears in a clock must align perfectly in order for us to be able to know what the present time is.

Synchronicity is much more than this if it is seen from a metaphysical level. Cael Jung was a great explorer of the power of synchronicity and described it as, "temporally coincident occurrences of acausal events." He was one of the people who came closest to explaining the relevance of synchronous events as they relate to the human psyche and how it is that human consciousness might affect objective reality.

Quantum physics tells us that synchronicity is going to occur in any "First Class" universe. This means that in any system of created things, you are naturally going to have events that are going to occur in a unique correspondence to one another. For example, you might look at your watch at exactly 12 noon on the twelfth month of the twelfth day when you happen to be twelve years old. While it is possible that something like this can happen, the chance of seemingly random coincidences happening over and over again becomes less and less probable.

When coincidences are happening far beyond the probable, as might be determined by the mathematical laws of probability, then there is an outside force working or affecting events. When this rare type of synchronicity happens, it is called, "meaningful coincidence".

These outside forces mentioned can be any number of different things. Jung for example thought the collective human unconscious was the paramount force affecting and creating "meaningful coincidences" or synchronous events. To a far lesser degree, metaphysicians believe that individual human consciousness can affect time and create coincidences in our personal lives.

If you believe in the power of human thought and are practicing the techniques mentioned in this book that are meant to attract wealth, fortune, or prosperity of any type to you, then you have to learn to become very aware of the meaningful coincidences that come up in your life.

'Meaningful Coincidences' in this case, are the synchronicities that bring about positive probable events into your existence.

For example, let us say that you are using the power of thought forms to attract a car into your life because you need one desperately for one reason or another. You perform the techniques as described in this book and you create with the help of thought forms a probable future where you own a great car that meets all of your needs. In simple terms therefore you now have two probable future timelines; one in which you don't own a car and one in which you are much happier because you do own one. In order to jump from one timeline to the other, you need a bridge; this bridge will take the form of a 'meaningful coincidence' or synchronous event.

This synchronous event doesn't have to be a grand thing. Most often these meaningful coincidences will be small things that are only relevant to you personally. You might be walking down the street when a sparrow flies out of nowhere (you might happen to love sparrows and consider them lucky), barely misses you, and then flies off and lands on the roof of a car dealership. You decide to explore this meaningful coincidence, or omen if you prefer, and find that the owner of the dealership happens to be an old friend and as result you are able to get an incredibly affordable vehicle that has everything that you wanted and suits you perfectly.

Whether you want to call it synchronicity, meaningful coincidences, or omens; these events are very important because of the fact that they are life altering. As a student of the power of thought, you have to become very aware of these omens in your life and you have to make sure that you pursue them all to their conclusion.

Often times these meaningful coincidences, or synchronous events, interweave within our lives with such effortless fluidity that there is no need for us to do anything at all to reap the benefits of our internal actions. When this happens we usually refer to such events as 'good luck'.

Good luck therefore is an example of perfect manifestation. Since most people do not believe or practice internal action, they tend to believe that luck is something that comes and goes without rhyme or reason. Some people, who do not know that it is internal and not external action that compels good coincidence, create all sorts of interesting rituals in order to try and bring more good luck into their lives; they will sometimes carry a rabbit's foot or wear a certain lucky shirt for example. Through these rituals they are sometimes able to produce intense thoughts that do bring them good luck for a time but this is short lived because they are not aware of the power of their own thoughts (and not the ritual) to bring them luck, so their efforts usually end up being haphazard.

Lady Luck as it is sometimes called, is seen as a fickle mistress that cannot be relied upon.

But meaningful coincidences happen in our lives every day. Every single action that we take is the result of internal actions that happen in a realm outside of the physical one. Something as simple as who we see when we walk down the street for example, is the result of a huge amount of work being carried out within this inner realm. It involves the thoughts and intentions of all those people involved in any one particular event.

Since modern western man believes that thoughts, that is internal action, have such little power, most external events are seen as highly coincidental; some things are good luck other things are bad luck, and who can know the fate of man.

As a practitioner of internal action, you must begin to use the power of coincidence, good luck, and synchronous events of all kinds in order to take full advantage of the inner work you are doing.

The powerful thought forms that I have shown you how to create will travel into this inner realm where all real work is carried out and will begin to modify future events at a very deep level in order for you to get what you desire

The energy projecting servitor that I showed you how to create will help to keep your mind full of thoughts of wealth and prosperity, without the need for you to push or direct your mind in any way, and these thoughts will greatly increase the positive coincidences in your life.

When I described to you the thought form creation technique, I mentioned that it was also very important that you maintain within your mind the feeling of Detached Expectancy. I told you about my experiments into what I referred to as 'mind pool' to try and give you a good idea of what this feeling/intent is all about.

Now that I have given you a description of some of what internal action is, and how it goes about doing its work outside of time and space as we understand it, I think that it is also the case that I expand the definitions of what Detached Expectancy is because it is such an important concept.

Keeping the information mentioned in this chapter in mind, here is a good way to understand what Detached Expectancy is:

"I believe, because of the 'meaningful coincidences' that I am having every day, in the power of concentrated thought. I know that there are things that my conscious mind is not privy to. I know that there is an inner realm where all things come together, where my intensified thoughts work

towards getting me what I want and go about creating all the things that I experience in my physical world. As such, I let my mind relax knowing that my thought forms are working for me now, and realizing that there is nothing that my mind can do, now that I have set this power in motion, I trust in the work that is being done outside of the mind's comprehension. I expect that as I round that corner or as I open that next door that I will effortlessly stumble upon all that I desire.

I believe without believing and I make an effort to feel and act effortlessly."

### Synchronicity: A Personal Example

Here is a story of perfect manifestation that I hope will help to illustrate just how weird this whole coincidence thing can be and how difficult it is for the mind to comprehend the multidimensional work that is being done outside of its comprehension:

Not too long ago I had come to the conclusion that I was seriously lacking when it came to good music. That is, my music collection was sorely lacking, and for that matter, I could definitely use a DVD or two for my movie collection.

There was a time when I was really into collecting great music CDs and I was also into collecting good movies. Lately though I had become a bit of a miser and could not bring myself to spend what I considered to be a great deal of money on a bunch of different CDs and DVDs. I therefore did the sensible thing and created a thought form in order to get more money so that I could afford the things that I wanted without having to feel so negative about spending all that dough.

As time progressed, and I sent out a few of these thought forms for this purpose, I continued to add to my list of CDs and DVDs that I desired. There was at least one DVD that I could not live without and a few CDs that I knew I had to have. My shopping list was growing.

Well it so happens that I did get some extra money that would have been enough to get all of the CDs and DVDs that I wanted. Unfortunately, I can be a bit of a cheapskate so instead of using the money that I received to get the music and movies that I said I would get, I decided instead to put the money in my savings and continued to stew over the multimedia collection that I wanted.

In the area where we live, it is the case that we need to take our garbage down into a large bin. On occasion I had noticed that some people did leave certain items beside this garbage bin. Good souls would sometimes leave certain items on the side of the bin just in case these items were of interest to someone else; one could call it a type of Good Samaritan recycling.

Now I had never seen anything decent beside this garbage bin, and I must admit that the snob in me would not have wanted to pick up someone else's cast off. These potentially recycled items were usually old ratty furniture that was way past its prime or beat up appliances that were most likely a danger if they were ever plugged into a socket again.

Well it just so happened that on a particular day when we were just about to leave on an outing, my partner decided that it would be a good idea to put a few things in the trash since we would be going that way anyway. This was a last minute thing that got me a little mad because it meant that I had to wait in the hall with my coat on for a few minutes as my significant other went about organizing and putting together a very tiny trash bag that for some unknown reason 'needed' to go down right now.

Since I was the designated trash man in the house, it was my duty to go into the bin area to throw out this very, very small bag of trash. As I rounded the bend and approached the garbage bin, contemplating my woes as a trash man, I noticed that a Good Samaritan had left a couple of boxes by the bin. I usually did not like to look at this stuff since it was always stuff that I thought belonged in the bin, not out of it. This time though, I did take a quick peek as I tossed the tiny trash bag in the bin.

To my surprise the boxes were full of CDs. This quickly caught my attention and I called my partner to come check it out. Well let me tell you that it was a treasure trove. As I looked through one of the boxes I began to pull out CD after CD that I had been meaning to get for so long. I was astounded; every single CD that I had wanted was in this box. As I was doing this my partner began to look through the other box and exclaimed, "Hey this box is full of DVDs!"

As I turned she held up a hand full of DVDs, and on top of the pile was the one James Bond movie that I had wanted to get so badly!

We took the CDs and DVDs that we wanted and left the rest for whatever lucky person might run across these in the future. I couldn't believe it, I got every single CD and DVD that I wanted, minus one...which I might actually break down and buy someday...maybe.

All this seems like a coincidence. Certainly any rationality loving skeptic will tell you that I just got lucky, things like this happen all the time.

I am not so dismissive of coincidence though, I know the power of inner work, and as further proof I now have in my collection every single CD and DVD that I wanted...minus one.

By the way, the outing that we were going on that day was a nice walk along some interesting shops by our residence. During the walk I happened to walk into a used book shop and was very happy to find a book that I had been searching for years. As I picked up the book and stared to look at it, I actually laughed out loud when I realized that the James Bond theme was playing through the store's speakers.

That is the way it works sometimes. I was literally dragged, by forces seemingly outside my control, kicking and screaming to the things that I had worked towards getting. Most people are used to things working in the opposite direction; no matter how hard they try to avoid trouble, it seems to always be smacking them in the face.

With the power of thought forms, and maintaining an attitude of Detached Expectancy, that can sometimes border on the Tarot Fool's sense of entitlement, you too can learn to ride the lucky wave of positive meaningful coincidences.

#### **CHAPTER 8**

### **Stay Positive?**

Being positive is serious business nowadays. There are books and seminars everywhere that purport to tell you how to stay positive and the many benefits that are certain to be yours if you can only manage to face the world with a smile.

In the thought power arena, positivity is even more of a serious thing because it is pointed out that positive thoughts create positive outcomes, and this is, after all, what we all want.

But do you really have to stay positive every second of the day?

Is it even possible to maintain a positive vibe most of the day? And is it worth the effort?

You might be thinking:

"What about all the stray thoughts that I have during the day?"

"Am I supposed to keep this Detached Expectancy thing on all day? Is this your version of staying in a positive vibrational state?"

This is a fair question; what about staying positive, and controlling your vibrational state so that you attract what you want? This is how the Law of Attraction works supposedly, and if we follow the logic of how thought forms are created, controlling your thoughts and staying positive seems to be very important as well...

As we've seen, small thoughts thoughts can grow into bigger thought gestalts and these can create thought forms strong enough to affect our reality. Often these small thoughts are the worries of our day, the little thoughts in the back of our minds that tell us that this bad thing or that bad thing can happen. Since these thoughts then create emotions and these emotions further fuel the strength of these thoughts, it is very important that we take responsibility for the many flittering thoughts that run through our heads.

# Is being in an endlessly positive state the only way?

While I do believe that we do give our imagination way too much freedom sometimes, I don't think that we can stop the power of these little negative thoughts by trying to wrangle the mind into thinking only what we want it to think and feeling only what we want to feel. Gurus in the field of thought power and manifestation usually tell people that they should try to maintain positive thoughts throughout their day, and that they should be happy as much as possible. Unfortunately, this advice can lead to many psychological complications as people try very hard to narrow the focus of their minds and try to unsuccessfully control the energetic flares within their bodies.

Trying to maintain positive thoughts and therefore a positive attitude throughout the day can get quite tiring and the moment that a person loses their focus or experiences an event that completely demoralizes them, they are often hurled into pit of negativity that can sometimes be very difficult to climb out of.

Remember when I said that talking about internal reality was tough because our language is not really suited for it? Well this is a case and point.

But I do hope that you try to follow along as best you can, exploring your own internal feelings as I try to describe what is going on here. It is very important that you understand what I am trying to say because this is yet another one of those mistakes that people who are interested in internal action are making, and this one can be very costly.

In order to understand why it is so difficult, if not impossible, for you to try and maintain a positive frame of mind throughout your day, you must realize that the mind (your mind) is a polarity. The mind loves (needs!) polarity and as such will always strive to see duality in everything. When you try to think positive thoughts or you try to direct your mind into positive things only, the mind will (must) ALWAYS strive to create a negative thought and negative energy of equal intensity in the opposite direction. There is always a buildup in the opposite direction, ALWAYS!

#### Let me clarify:

In order for the mind to understand anything it must first understand its opposite. For example, in order for your mind to understand beauty it must understand ugliness because without ugliness there is no reference for your mind to understand the beauty that it might behold. This works in every single thing that your mind can comprehend. In order to know goodness, you must know evil. In order to know high you must know low. In order to know black you must now white. In order to know and project positive things, you must know the negative that you are trying to overcome.

What happens then is that every time you create a positive thought within your mind or any time that you try to focus your mind into the positive alone, your mind must always strive with equal vigor to create the exact opposite. Without this balance of opposites, your mind is left with a vacuum that it must fill in one way or another. It will therefore strive with all its might to create the opposite of what you are focusing on. What this essentially means is that for every positive that you create, the mind wants to create a negative of equal value. If it does not, a vacuum is created within it that grows in power over time.

You might be thinking perhaps that the negative thought or feeling is already there, that you are just creating a positive thought and feeling to fight the negative that was there already, so you are therefore not creating any negativity at all.

If you are indeed very good at using your mind at fighting negativity in this way, then this internal effort can have some positive benefits. What is happening here is that you are balancing out the negativity in your mind or in your environment, by creating a positive force to balance it. You are not however creating anything new!

The moment your positive thoughts or feelings starts to get stronger than the negativity that started all this, you are going to hit a wall. This wall is caused by the fact that there is no more energy freely available to fuel your thoughts of positivity; the negativity has now been cancelled out.

Let's consider internal and external negative mental influences using the above technique of changing a negative into a positive:

• If this negative thought that you had is of a completely internal source, meaning that it was something you created as your mind meandered around its own space, then the energy required to create a positive thought to cancel this negativity that you just experienced is not a huge one. Since, as I mentioned earlier, every time that the mind creates a thought in one direction it must create a thought in the opposite direction as well, you only need to exert enough energy to be able to focus your attention in the positive instead of the negative. This requires energy output (directing the focus of your attention requires effort) that can become very taxing over time but generally a strong mind might be able to pull off this type of focus for a long while. The moment that this person loses focus for some reason, he will be again at the mercy of any negativity that he has focused upon.

But let us say that our example person is able to hold his attention on

the positive aspects of his mind. He is therefore able to completely cancel the negativity in his mind and is able to balance it so that he experiences a relaxed sense of mental neutrality. Now that he has made this gain though, he wants to actually create positive outcomes; that is he wants to keep and increase his positive thought so that he is able to manifest good fortune.

What will happen then is that he will need to exert more psychic power and personal effort in order to increase the strength of his positive thought and perhaps create more positive thoughts of a similar nature. It could be that he is strong and is able to generate this extra burst of effort and focus, but as he does so, he will not only be increasing the power of his positive thoughts, he will also be increasing the power of his negative ones as well.

In order to create, the mind needs to know where it is and where it's going. To do this the mind uses duality; in order to know more positive, it must know more negative. Without this duality the mind could not create anything. So when this person creates more positive thoughts he is also creating more negative thoughts as well. Since he doesn't know how to overcome this duality in his mind, he will eventually find himself experiencing a mental whiplash as he goes from extremely positive to extremely negative without knowing why.

While it does take a good deal of time and personal effort, it is probably best for this person to try to change his beliefs using the techniques that I mention in chapter two, at least in this way he will be able to take charge of the personal thoughts in his own mind.

• Now, if the negative thoughts or feelings are of an external nature, the energy output required to maintain a positive thought is not always realistic. Remember that not all the thoughts and feeling that you feel come from within your own mind. Even though it is seldom mentioned by thought power gurus, we live in a sea of external mental influences that deeply affect us all, whether we are aware of it or not.

Imagine then a person stuck in a traffic jam. His car is barely crawling along the road and on all sides he is surrounded by hundreds of people who are in the worst mood possible.

Under such conditions, our example person would find himself in a gigantic pool of negativity that is being created by all of the people around him. If this person then tries to think positive thoughts he will be in for quite a struggle. If he tries really hard and is very good at focusing his mind, he might be able to hold back the pool of negativity for a short while, eventually though he will feel utterly drained and as soon as his focus wavers; he will be plunged into a double dose of the negativity all around him. There is no way to fight (in this way) against the negativity of hundreds of minds. Those who would tell you that you can sail through all this energy and negative intent with a smile do not understand the power of thought and intention very well.

And this is not even the most negative situation you could face. The people caught in a traffic jam might be feeling pretty negative but they don't often want to hurt you personally. Any internal rage that they might feel is usually focused at everyone, at the situation in general. Imagine then trying to use this technique while you are surrounded by many people who want to hurt you personally. You must be either as psychically powerful as all of them put together or it will be like you trying to go up against an army. Your positive thoughts will not even be enough to balance out the negativity that they are putting out, let alone create a positive manifestation.

By just using the masking of negative with positive and attention refocusing techniques that many thought power gurus advocate, it is impossible to manifest a positive outcome against a huge mass of negative energy.

If you contemplate all of this I think that you will see why it is that you might be having such trouble maintaining a non-stop positive attitude,

why it is that you just can't stay happy in certain areas and situations no matter how hard you try, and why it is that your life tends to go from super happy positive experiences to deeply negative ones.

You can't fight your mind with your mind for the whole day, every day of your life for the rest of your existence. And you can't use your mind in this way to try and fight against all of the powerful negative external influences that surround you now. There will, sooner or later, come a point when the huge vacuum created in your mind as you try to focus only on the positive and try to create only positive thoughts, will suck whatever energy you have available in you and create the negativity that the mind MUST have in order to find balance. This will feel like a large psychological dam has just burst in your face and you will be flooded by a very large dose of negative feelings and thoughts that can cause havoc in your life.

# In order to deal with the mind, we need a new Logic

Instead of trying to think a positive thought when you first think a negative one or try to feel a positive feeling every time you experience a negative one, and as a result create a giant power struggle in your mind and body, try instead to side step the mind all together.

Instead of trying to narrow the focus of your awareness by only focusing on what you consider to be positive things, in some vain attempt to regain the innocence of a child by essentially lowering the power of your perceptions, try instead to control the energetic flares that give your thoughts so much power.

When these worrisome little thoughts pop into your mind, don't try to fight the mind with the mind but forget about the mind altogether instead. When negative thoughts pop into your head, closely followed by the emotions that they engender, see if you can stop the energetic flares that these thoughts cause.

Instead of focusing your attention on what is going on inside your head, focus your attention on your body. Take a deep breath in and as you exhale, try to relax your body as much as possible.

The funny thing about the body is that it can't maintain any emotional energy within itself if it relaxes completely. Emotions create energy build up and this energy build up creates muscular tension in the body. If you willfully relax your body as much as possible, this energy dissipates and naturally ebbs away without building up knots of tension. When this energy is gone, the negative emotions are gone, and the power of these negative thoughts is gone as well. Maintaining your

focus on your body and relaxing it as much as possible when you are experiencing negative thoughts and feelings, will allow you to have power over what thoughts you empower and therefore what you manifest.

This is the leash that you must use to on your precocious mind.

The objective then is not to try and control the mind with the mind but to control the energetic output of your body. Without the energy output, in the form of emotions and psychic energy that the body focuses into your thoughts, these thoughts lose most of their power and lose their ability to manifest themselves as negative situations in objective reality.

Using the technique of controlling the energetic output of your body will open up great new vistas for all those that had been trying to control their thoughts and narrow their focus in order to try and stay positive.

It is actually even possible to reabsorb all of this energy that you output and all of the negative energy that surrounds you. You can then use this same energy that you have re-absorbed to create even more powerful consciously created thought forms and servitors using the techniques outlined in chapters three.

If you are interested in how to absorb personal and external negative energy then I recommend my book, *Vampire's Way to Psychic Self Defense*. This is a highly complex topic with many nuances and I think you would benefit more if you read the book than if I tried to summarize the techniques here in a few paragraphs.

## What about the positive thought forms we create?

As you might be wondering, this creation of polar opposites happens in the mind whenever we create thought forms as well. Sorcerers understanding the character of the mind realized then that the mind was bound to create its polar opposite whenever we try to employ intensified thought force. They therefore devised a very simple method to deal with this problem.

What they came up with was to create intensified thoughts that could act as lone entities, which have come to be known as thought forms.

As soon as these intensified and self-cohesive thought forms are created, they are sent on their way to perform a task. After they have been sent on their way to perform the will of the thought power practitioner, the practitioner completely forgets about them. In this way the mind is no longer burdened by the thought form and does not have a need to balance these thought forms with opposing forces.

Having created a powerful thought form, the practitioner of internal action lets go of it, trying to forget about it as much as possible, knowing that the power that he has set in motion no longer needs his mental attention. If he is burdened by the mind's insistence on remembering past actions, he can control the emotional flares that these thoughts engender using the technique described above.

If he wishes he can also occupy his mind with Detached Expectancy which has the added benefit of increasing the lucky occurrences in his life.

By the way, servitors do not need this kind of 'create and forget' technique because they greatly benefit from the mind's need for polarity and the balance of opposites. A servitor is a far more complex entity than a thought form; a servitor requires the construction of not only an energetic vessel to contain a highly charged thought, but also the development of a rudimentary identity and personality.

Since it is the case that our mind is what shapes our personality, and our mind is a duality, then it is also the case that creating a complex thought with duality at its core is also the beginning a the servitor's rudimentary mind. Every time that you charge and interact with a servitor, this initial thought grows in complexity and is augmented by other thoughts of a similar nature. This complexity is possible because of the duality that develops as these thoughts mature and grow while encased within the servitor's energetic structure.

### **Conclusion**

My wish for this book was to first and foremost provide you with procedures in thought form and servitor creation, so that you could use these incredibly powerful techniques to get what you desire. In order to do this, it is my responsibility to make a number of other points clear so that you are able to correctly implement what I'm presenting here.

Some of this information might be familiar but I think that there will be a number of points that tend to be very different from what you might have heard in other books, and as such, challenge some of the inner work techniques that you might have been practicing up to now. It is not my intention to dispute what others are saying; my only intention is to do my impeccable best to relate what I know about magical manifestation.

Besides the procedures that I have mentioned in thought form and servitor creation, I think that there are some major points that are incredibly important to anyone engaging in any kind of inner work. These are:

- There are two kinds of action:
  - Outer action; which we are all familiar with. It is called physical action and it is the only real action that most believe can get you what you want.
  - Inner action; which is the action that we use when we work with our minds and psychic energy to get what we desire. Inner action is generally more efficient and less costly than outer action.
- Thoughts are multifaceted, beyond the constraints of time and space, and therefore follow laws that are far more complex than the laws of cause and effect that we think rule this universe.
- Beliefs are not thoughts we have often but they are the scaffolding upon which we build the content of our mind and therefore the reality

in which we inhabit as physical beings.

This is perhaps one of the most powerful core principles you will find this book because it will allow you to truly begin to discover the reason for your own life circumstances, and how you can begin to change these. This knowledge will also allow you to truly explore the expanse of your own individuality without believing that you need to censor half of your mental activity because you fear the power of your negative thoughts.

- Concentrated, focused, and highly psychically charged thought forms and servitors are the true inner action behind all ritual and ceremony when this ritual or ceremony is used in order to try and manifest a desired thing or outcome. If you can understand this then you will no longer need (if you want) to participate in ritual work or engage in lengthy visualization sessions in order to manifest your desires.
- All inner work is done in a non-local realm that follows quantum
  mechanical laws that are far different from the cause-and-effect laws
  that we are used to when engaging in outer(physical) action. This nonlocal realm is the source of all the physical things that we see around
  us. It also contains within it all the things that were and will be.

This realm communicates with us through coincidences, synchronicity, and meaningful events.

- Inner work requires a different kind of mental state; a state that can
  best be described as Detached Expectancy. This task has the dual
  function of opening awareness to the highly beneficial nature of
  synchronous events as well as greatly reducing the internal dialogue
  that often gets in the way of inner work which can create negative
  outcomes. It will allow you to see and take advantage of any
  synchronicities or omens that are the harbingers of better possibilities,
  and it will attract to you what can only be described as highly lucky
  occurrences.
- It is impossible to change the mind with the mind by pitting positive thoughts against negative ones because the mind is a duality and will

always insist on balance. It far better to work on your personal beliefs and to control the emotional flares that certain thoughts engender; this way you avoid psychological trauma and you don't limit the scope of your awareness.

Understanding these core principles will allow you to take full advantage of the thought form creation techniques that I have described to you. It will allow you to explore these techniques, so that you can begin to refine them in order to suit your personal temperament. You are then certainly free to incorporate all of the material provided into whatever mental discipline you now practice.

Many of you have been practicing internal work for years, while others are just beginning their journey. It is my hope that this book will be a valid resource for beginners and seasoned practitioners alike.

As I write these last words I contemplate whether or not to write about the twenty dollars that my partner and I found sticking out from behind the license plate of our car this last weekend.

When I first saw the twenty dollars wedged there my first thought was that someone might have accidentally damaged the car and was leaving it as a token, but the car was perfectly fine.

I later thought that perhaps it was dropped and someone believing that the money belonged to the owner of the car, put the twenty dollar bill there so that the owner would find it. Why someone would fold a twenty dollar bill and stick it into the side of our license plate is, I suppose, a mystery that I might never solve.

My life is full of coincidences like this and I usually find it prudent not to share the majority of them with anyone. People will always doubt. It is not their fault, the mind needs to doubt; I suppose there might be a survival advantage in not falling for every story that it hears. Your mind will most like doubt my little story as well, but that's ok.

It will doubt me and my stories and it will doubt those incredible little coincidences when they start to happen to you as well. This doubt though, is not a bad thing; it keeps us honest. I ultimately don't worry very much if my mind or your mind doubts too much. All I can do is to keep doing what works for me, and if I live in a delusional state, then so be it.

I hope that you will try the techniques and contemplate the ideas that I have presented for you here so that you too begin to live a life full of funny and happy coincidences that others might doubt. I will now go and once again enjoy another free cappuccino thanks to my most recent delusion.

"If you are delusional, sometimes the reality catches up with your delusion, and then all of a sudden you are a genius." — Jason Calacanis

"Indubitably, Magick is one of the subtlest and most difficult of the sciences and arts. There is more opportunity for errors of comprehension, judgement and practice than in any other branch of physics." — Aleister Crowley